

Lunch Menu

Hinsdale Middle School (6-8)

September
2026

WHITSONS FAMILY OF COMPANIES

WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday



1 Make Your Own Salad
Nachos Grande 🍌 🍌
Salsa
Sour Cream PC
Brown Rice

2 Make Your Own Salad
Buffalo Chicken Mac
& Cheese 🍌
Garlic Green Beans

3 Make Your Own Salad
Roasted Chicken
Ramen Bowl 🍌 🍌
Whole Wheat Dinner
Roll 🍌

4 Make Your Own Salad
Baked Chicken
Tenders
Homemade Mashed
Potatoes
Brown Gravy
Whole Wheat Dinner
Roll 🍌
Crispy Potato Puffs 🍌

7

8 Make Your Own Salad
Chicken Fajita Wrap
Brown Rice 🍌 🍌

9 Make Your Own Salad
Barbecue Rib
Sandwich 🍌
Homemade Lite
Veggie Pasta Salad 🍌
Sweet Potato Fries 🍌

10 Make Your Own Salad
General Tso Chicken
Noodle Bowl 🍌
Whole Wheat Dinner
Roll 🍌

11 Make Your Own Salad
Homemade Chili 🍌
Baked potato 🍌
Whole Wheat Dinner
Roll 🍌

14 Make Your Own Salad
Crispy Chicken
Sandwich 🍌
Oven Baked Fries
Glazed Carrots

15 Make Your Own Salad
Soft Tacos 🍌 🍌
Brown Rice
Fiesta Corn
Salsa
Sour Cream PC

16 Make Your Own Salad
Buffalo Chicken Dip
Buffalo Cauliflower 🍌

17 Make Your Own Salad
Pasta with Meat
Sauce 🍌 🍌
Steamed Broccoli
Whole Wheat Dinner
Roll 🍌

18 Make Your Own Salad
Tomato Soup
Grilled Cheese
Sandwich Meltdown
Café 🍌

21 Make Your Own Salad
Jamaican Jerk
Chicken 🍌 🍌
Brown Rice
Whole Wheat Dinner
Roll 🍌

22 Make Your Own Salad
Nachos Grande 🍌
Brown Rice
Salsa

23 Make Your Own Salad
Philly Cheese Steak
Steamed Broccoli 🍌

24 Make Your Own Salad
Incredibowls Chicken
& Vegetable Rice 🍌
Whole Wheat Dinner
Roll 🍌

25 Make Your Own Salad
Beef Hot Dog on
Bun 🍌
Homemade French
Fries
Baked Beans

28 Make Your Own Salad
Sausage Onions &
Peppers Sandwich 🍌
Oven Baked Fries 🍌
Roasted Mixed
Veggies

29 Make Your Own Salad
Chicken Fajita Wrap
Brown Rice 🍌
Sour Cream
Fiesta Corn
Salsa

30 Make Your Own Salad
Vegetable Fried Rice
Whole Wheat Dinner
Roll 🍌



View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

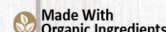
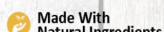
**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

Available Daily

Daily Deli Options,
Asst. Pizza, Grab & Go Items,
Express Options, Fruit & Yogurt
Parfait, Fresh Fruit & Veggie Bar

1% White Milk or Fat Free
Chocolate



Student Breakfast \$1.75

Student Reduced \$0.00

Student Lunch (k-5) \$2.85 Student Lunch (6-12) \$3.35

Student Reduced \$0.40

Adult Breakfast \$2.00

Adult Lunch \$4.75

Milk \$0.60 Questions, Contact Kelly Wojcik

wojcikk@whitsons.com