

Breakfast Menu

Hinsdale High School (9-12)

September 2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday



Tuesday

Wednesday

Thursday

Friday

7



1 Chocolate Chip Breakfast Round 🌱
🌾 🍎 🥚 🌻
Whole Grain Bagel with Cream Cheese 🌱
Sausage, Egg and Cheese Sandwich
Cocoa Puffs Cereal Bar 🌾 🌻

2 Mini Blueberry Pancakes
Whole Grain Bagel with Cream Cheese 🌱
Sausage, Egg and Cheese Sandwich
Golden Grahams Cereal 🌱 🌻
WG Honey Bear

3 Banana Bread Sliced 🌾 🌱
Whole Grain Bagel with Cream Cheese 🌱
Sausage, Egg and Cheese Sandwich 🌻
Golden Grahams Cereal 🌱 🌻
WG Honey Bear

4 Whole Grain French Toast Slices 🌱
Whole Grain Bagel with Cream Cheese 🌱
Sausage, Egg and Cheese Sandwich
Reduced Sugar Trix 🌱
Red. Sugar

8 Chocolate Chip Breakfast Round 🌱
🌾 🍎 🥚 🌻
Whole Grain Bagel with Cream Cheese 🌱
Sausage, Egg and Cheese Sandwich
Reduced Sugar Trix 🌱

9 Mini Cinnamon Pull Apart Roll 🌱 🌾
Whole Grain Bagel with Cream Cheese 🌱
Sausage, Egg and Cheese Sandwich
Reduced Sugar Trix 🌱
Red. Sugar

10 Ham & Cheese Bagel Melt 🍷 🌻
Whole Grain Bagel with Cream Cheese 🌱
Sausage, Egg and Cheese Sandwich
Reduced Sugar Trix 🌱
Red. Sugar

11 Whole Grain French Toast Slices 🌱
Whole Grain Bagel with Cream Cheese 🌱
Sausage, Egg and Cheese Sandwich
Red. Sugar
Cinnamon Toast Crunch Cereal 🌱 🌻

14 Cinnamon Bun 🌱 🌾
Whole Grain Bagel with Cream Cheese 🌱
Sausage, Egg and Cheese Sandwich
Reduced Sugar Trix 🌱
Red. Sugar
Cinnamon Toast

15 Chocolate Chip Breakfast Round 🌱
🌾 🍎 🥚 🌻
Whole Grain Bagel with Cream Cheese 🌱
Sausage, Egg and Cheese Sandwich
Reduced Sugar Trix 🌱

16 Mini Blueberry Pancakes
Whole Grain Bagel with Cream Cheese 🌱
Sausage, Egg and Cheese Sandwich
Reduced Sugar Trix 🌱
Red. Sugar

17 Banana Bread Sliced 🌾 🌱
Whole Grain Bagel with Cream Cheese 🌱
Sausage, Egg and Cheese Sandwich
Reduced Sugar Trix 🌱
Red. Sugar

18 Whole Grain French Toast Slices 🌱
Whole Grain Bagel with Cream Cheese 🌱
Sausage, Egg and Cheese Sandwich
Reduced Sugar Trix 🌱
Red. Sugar

21 Whole Grain Donut 🌱
Whole Grain Bagel with Cream Cheese 🌱
Sausage, Egg and Cheese Sandwich
Cinnamon Toast Crunch Cereal 🌱
Reduced Sugar Trix

22 Chocolate Chip Breakfast Round 🌱
🌾 🍎 🥚 🌻
Sausage, Egg and Cheese Sandwich
Cinnamon Toast Crunch Cereal 🌱
Reduced Sugar Trix 🌱

23 Mini Cinnamon Pull Apart Roll 🌱 🌾
Whole Grain Bagel with Cream Cheese 🌱
Sausage, Egg and Cheese Sandwich
Cinnamon Toast Crunch Cereal 🌱
Reduced Sugar Trix

24 Ham & Cheese Bagel Melt 🍷 🌻
Whole Grain Bagel with Cream Cheese 🌱
Sausage, Egg and Cheese Sandwich 🌻
Cinnamon Toast Crunch Cereal 🌱
Reduced Sugar Trix

25 Whole Grain French Toast Slices 🌱
Whole Grain Bagel with Cream Cheese 🌱
Sausage, Egg and Cheese Sandwich
Cinnamon Toast Crunch Cereal 🌱
Reduced Sugar Trix

28 Cinnamon Bun 🌱 🌾
Whole Grain Bagel with Cream Cheese 🌱
Sausage, Egg and Cheese Sandwich
Cinnamon Toast Crunch Cereal 🌱
Reduced Sugar Trix 🌱

29 Chocolate Chip Breakfast Round 🌱
🌾 🍎 🥚 🌻
Whole Grain Bagel with Cream Cheese 🌱
Sausage, Egg and Cheese Sandwich
Cinnamon Toast Crunch Cereal 🌱

30 Mini Blueberry Pancakes
Whole Grain Bagel with Cream Cheese 🌱
Sausage, Egg and Cheese Sandwich
Reduced Sugar Trix 🌱
Red. Sugar

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex

(including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

Available Daily

Fresh, Canned or Dry Fruit

100% Fruit Juice (Tuesday & Thursday Only)

1% White Milk, Skim White or Fat Free Chocolate

Student Breakfast \$1.75

Student Reduced \$0.00

Student Lunch (k-5) \$2.85 Student Lunch (6-12) \$3.35

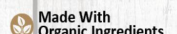
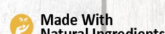
Student Reduced \$0.40

Adult Breakfast \$2.00

Adult Lunch \$4.75

Milk \$0.60 Questions, Contact Kelly Wojcik

wojcikk@whitsons.com



Breakfast Menu

Hinsdale Middle School (6-8)

September 2026

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WWW.WHITSONS.COM

Monday



Tuesday

Wednesday

Thursday

Friday

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Golden Grahams Cereal 🌱 🌻
WG Honey Bear

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Sausage, Egg and Cheese Sandwich 🌻
Golden Grahams Cereal 🌱 🌻
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Sausage, Egg and Cheese Sandwich
Reduced Sugar Trix 🌱
Red. Sugar

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Reduced Sugar Trix 🌱

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Reduced Sugar Trix 🌱
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Whole Grain Bagel with Cream Cheese 🌱
Sausage, Egg and Cheese Sandwich
Red. Sugar
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Cinnamon Toast Crunch Cereal 🌱
Reduced Sugar Trix

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