

LEA Plan on the Safe Return to In-Person Instruction and Continuity of Services

This document is intended to meet the federal statutory requirement that, within 30 days of receiving ARP ESSER LEA allocation (anticipated May 24th), an LEA shall publish an LEA Plan on the Safe Return to In-Person Instruction and Continuity of Services, which is often called a “school district reopening plan.”

Note, if an LEA developed a plan before *The American Rescue Plan Act* (ARPA) was enacted on 03/11/2021 that complied with the federal statutory requirements for public posting and comments but does not meet all of the requirements below, then the LEA must revise its plan no later than six months after receiving ARP ESSER funds

For further context, please reference ARPA (<https://www.congress.gov/bill/117th-congress/house-bill/1319/text>) or the Interim Final Requirements of ARP ESSER (<https://www.govinfo.gov/content/pkg/FR-2021-04-22/pdf/2021-08359.pdf>).

I. General Information

1. LEA Name: Hinsdale School District SAU92
2. Date of Publication: 20 August 2021

II. Transparency and Accessibility

1. This plan for the safe return to in-person instruction and continuity of services was published and made publicly available online here:
 Description: School website located at hnsd.org as well as paper copies when requested.
Discussed at public School Board meetings on August 18 and will be updated post Aug 24, 2021
2. Before making the plan publicly available, the LEA sought public comment on the plan and took such comments into account in the development of the plan (please check one).
 Yes: Somewhat: No:
 Description: Public input sought through Community Connections and Zoomed Board Meetings
3. The plan is in an understandable and uniform format (please check one):
 Yes: Somewhat: No:
 Description: See attached
4. The plan, to the extent practicable, is written in a language that parents can understand or, if not practicable, orally translated (please check one):
 Yes: Somewhat: No:
 Description: See attached
5. The plan, upon request by a parent who is an individual with a disability, is provided in an alternative format accessible to that parent (please check one):
 Yes: Somewhat: No:
 Description: The district will provide alternative formatting when requested.

III. Health and Safety

1. How the LEA will maintain the health and safety of students, educators, and other school and LEA staff:

Description during SY20-21: See website www.hnhsd.org

Description during SY21-22: See attached

2. The LEA's adoption of the following CDC health and safety strategies are described below:
 (Note federal regulation on this plan requires such reporting, but does not require adoption of CDC safety recommendations. The NH DOE recognizes schools will implement localized safety measures based on the guidance provided by the CDC, NH Public Health, and local public health officials.)

- a. Universal and correct wearing of masks:

During SY20-21 (check one): Yes: Somewhat: No:

During SY21-22 (check one): Yes: Somewhat: No:

Description of both SYs: See attached for 2021-2022, 2020-2021 is available at www.hnhsd.org

- b. Physical distancing (e.g., use of cohorts/podding and modifying facilities):

During SY20-21 (check one): Yes: Somewhat: No:

During SY21-22 (check one): Yes: Somewhat: No:

Description of both SYs: See attached for 2021-2022

2020-2021 is available at www.hnhsd.org

- c. Handwashing and respiratory etiquette:

During SY20-21 (check one): Yes: Somewhat: No:

During SY21-22 (check one): Yes: Somewhat: No:

Description of both SYs: See attached for 2021-2022

2020-2021 is available at www.hnhsd.org

- d. Cleaning and maintaining healthy facilities, including improving ventilation:

During SY20-21 (check one): Yes: Somewhat: No:

During SY21-22 (check one): Yes: Somewhat: No:

Description of both SYs: See attached for 2021-2022

2020-2021 is available at www.hnhsd.org

- e. Contact tracing in combination with isolation and quarantine, in collaboration with the State, local, territorial, and/or Tribal health departments:

During SY20-21 (check one): Yes: Somewhat: No:

During SY21-22 (check one): Yes: Somewhat: No:

Description of both SYs: See attached for 2021-2022

2020-2021 is available at www.hnhsd.org

- f. Diagnostic and screening testing:

During SY20-21 (check one): Yes: Somewhat: No:

During SY21-22 (check one): Yes: Somewhat: No:

Description of both SYs: See attached for 2021-2022

2020-2021 is available at www.hnhsd.org

- g. Efforts to provide vaccinations to school communities:

During SY20-21 (check one): Yes: Somewhat: No:

During SY21-22 (check one): Yes: Somewhat: No:

Description of both SYs: 20-21 Communication with staff and community - worked with community health network 89% of Staff vaccinated

20-21 Held student clinic 50 students vaccinated 21-22 will work with Community Health Network to host I clinics

h. Appropriate accommodations for children with disabilities with respect to health and safety policies:

During SY20-21 (check one): Yes: Somewhat: No:

During SY21-22 (check one): Yes: Somewhat: No:

Description of both SYs: See attached for 2021-2022

2020-2021 is available at www.hnhsd.org

i. Coordination with state and local health officials (please check one):

During SY20-21 (check one): Yes: Somewhat: No:

During SY21-22 (check one): Yes: Somewhat: No:

Description of both SYs: See attached for 2021-2022

2020-2021 is available at www.hnhsd.org

IV. Continuity of Services

1. The LEA has provided continuity of services in addressing student academic needs:

Description during SY20-21: 2020-2021 is available at www.hnhsd.org

Description during SY21-22: See attached for 2021-2022

2. The LEA has provided continuity of services in addressing student social, emotional, mental, and other health needs, which may include student health and food services:

Description during SY20-21: 2020-2021 is available at www.hnhsd.org

Description during SY21-22: See attached for 2021-2022

3. The LEA has provided continuity of services in addressing staff social, emotional, mental, and other health needs:

Description during SY20-21: 2020-2021 is available at www.hnhsd.org

Description during SY21-22: See attached for 2021-2022

V. Plan Review

1. The LEA will meet the federal regulatory requirement to review and, as appropriate, revise its Safe Return to In-Person Instruction and Continuity of Services Plan at least every six months through September 30, 2023 (the award period including the Tydings period). (Note an LEA that developed a plan before ARPA was enacted on 03/11/2021 that complied with the federal statutory requirements for public posting and comments but does not meet all of the requirements above must revise its plan no later than six months after the LEA receives LEA ESSER funds.)

Yes: No:

Description: The LEA plans to review with the school board and public on a monthly basis

- 2. In doing so, the LEA will meet the federal statutory requirement to seek public input and take such input into account in determining whether to revise the plan and, if revisions are determined necessary, on the revisions it makes to its plan.

Yes: No:

Description: The LEA plans to review with the school board and public on a monthly basis

- 3. In doing so, the LEA will also meet the federal regulatory requirement to address CDC safety recommendations and, if the CDC has updated its safety recommendations at the time the LEA is revising its plan, each of the updated CDC safety recommendations.

(Note federal regulation on this plan requires such reporting, but does not require adoption of CDC safety recommendations. The NH DOE recognizes schools will implement localized safety measures based on the guidance provided by the CDC, NH Public Health, and local public health officials.)

Yes: No:

Description: The LEA plans to review with the school board and public on a monthly basis

VI. Authorization

LEA Superintendent's Signature:

Date:

VIII. Appendices

Appendix A. ARPA Statutory Excerpt

“(i) Safe return to in-person instruction.—

(1) IN GENERAL.—A local educational agency receiving funds under this section shall develop and make publicly available on the local educational agency’s website, not later than 30 days after receiving the allocation of funds described in paragraph (d)(1), a plan for the safe return to in-person instruction and continuity of services.

(2) COMMENT PERIOD.—Before making the plan described in paragraph (1) publicly available, the local educational agency shall seek public comment on the plan and take such comments into account in the development of the plan.

(3) PREVIOUS PLANS.—If a local educational agency has developed a plan for the safe return to in-person instruction before the date of enactment of this Act that meets the requirements described in paragraphs (1) and (2), such plan shall be deemed to satisfy the requirements under this subsection.”

Appendix B. Interim Final Requirements of ARP ESSER Excerpt

“(3) *LEA Plan for Safe Return to In-Person Instruction and Continuity of Services.*

(a) An LEA must describe in its plan under section 2001(i)(1) of the ARP Act for the safe return to in-person instruction and continuity of services—

(i) how it will maintain the health and safety of students, educators, and other staff and the extent to which it has adopted policies, and a description of any such policies, on each of the following safety recommendations established by the CDC:

- (A) Universal and correct wearing of masks.
- (B) Modifying facilities to allow for physical distancing (*e.g.*, use of cohorts/ podding).
- (C) Handwashing and respiratory etiquette.
- (D) Cleaning and maintaining healthy facilities, including improving ventilation.
- (E) Contact tracing in combination with isolation and quarantine, in collaboration with the State, local, territorial, or Tribal health departments.
- (F) Diagnostic and screening testing.
- (G) Efforts to provide vaccinations to school communities.
- (H) Appropriate accommodations for children with disabilities with respect to health and safety policies.
- (I) Coordination with State and local health officials.

(ii) how it will ensure continuity of services, including but not limited to services to address students’ academic needs and students’ and staff social, emotional, mental health, and other needs, which may include student health and food services.

(b) (i) During the period of the ARP ESSER award established in section 2001(a) of the ARP Act, an LEA must regularly, but no less frequently than every six months (taking into consideration the timing of significant changes to CDC guidance on reopening schools), review and, as appropriate, revise its plan for the safe return to in person instruction and continuity of services.

(ii) In determining whether revisions are necessary, and in making any revisions, the LEA must seek public input and take such input into account.

(iii) If at the time the LEA revises its plan the CDC has updated its guidance on reopening schools, the revised plan must address the extent to which the LEA has adopted policies, and describe any such policies, for each of the updated safety recommendations.

(c) If an LEA developed a plan prior to enactment of the ARP Act that meets the statutory requirements of section 2001(i)(1) and (2) of the ARP Act but does not address all the requirements in paragraph (a), the LEA must, pursuant to paragraph (b), revise and post its plan no later than six months after receiving its ARP ESSER funds to meet the requirements in paragraph (a).

(d) An LEA’s plan under section 2001(i)(1) of the ARP Act for the safe return to in-person instruction and continuity of services must be—

- (i) In an understandable and uniform format;
- (ii) To the extent practicable, written in a language that parents can understand or, if it is not practicable to provide written translations to a parent with limited English proficiency, be orally translated for such parent; and
- (iii) Upon request by a parent who is an individual with a disability as defined by the ADA, provided in an alternative format accessible to that parent.”

Hinsdale School District Reopening 2021-22

All schools shall follow all District Policies, State of NH Mandates, and the most current safety guidance from our state health officials related to each subject area below.

Teaching and Learning Operations	
Academic Recovery	<p align="center">Hinsdale Middle High School</p> <p>Middle School Skill Set is scheduled daily this year for all students in grades six through eight for identification of learning gaps with targeted instruction or potential enrichment, based on individual student needs with flexible grouping for the targeted instruction.</p> <p>Intervention strategies for middle and high school students will be applied through a middle school learning lab, high school assisted study for students with IEPs, and regular education study hall with assistance from interventionists as needed.</p> <p>A late bus will be provided this year to enable more students to stay after school for help from their teachers. The late bus will pick up students at 4:15 from the middle/high school.</p> <p>Homework Club, or Hinsdale After School Program (HASP) for middle school, provides an opportunity for our students to have assistance with homework, and may support addressing the needs of students based on State Assessment Reports. Parents may register student for HASP.</p> <p align="center">Hinsdale Elementary School</p> <p>Students of concern were identified last spring and invited to participate in summer school. The academic and emotional needs of these students will be reviewed by grade-level teams prior to the start of the school year. This year a “push-in” model will be used providing support from both Title 1 staff and special education case managers. The model will allow for small group instruction targeted to meet the needs of individual students in reading and language arts. Once fully trained the literacy interventionist will support students one on one to meet their needs based on support from the Literacy Coach. Plans for after school tutoring in math are underway in collaboration with the after school program. Letters have already been sent home to families informing them of the service. In addition, we have an opportunity to work with Alan Gong on developing tutoring programs for individual students in math at the primary level. For our youngest children the behavioral support program will be in place in order to meet their needs and we are implementing a resource room model for students requiring modified curriculum at grades 3 to 5.</p>
Athletics and Co-Curricular Activities	<p align="center">Hinsdale Middle High School</p> <p>The Fall Athletic Plan, in Appendix A, is aligned with available NHIAA guidelines and school specific mitigation practices to reduce risk of exposure and spread of COVID-19.</p> <p>Co-curricular events, such as dances and homecoming, will be conducted following the mitigation practices for inside and outside learning. Such activities will require written descriptions of the event and prior approval by administration.</p>

	<p style="text-align: center;">Hinsdale Elementary School</p> <p>Our main extra curricula events are HASP programming or PTA events. All HASP programs will follow the school district policy as will any events held by the PTA. Each grade level is assigned to a particular room. Strict attendance records are required for HASP so contact tracing will be able to be done seamlessly. This year the school social worker is in negotiation for a before school running program sponsored by Keene Kiwanis Club. In the event this opportunity comes to fruition, it too will follow school district policies. The same is the case for Girls on the Run and other activities sponsored by the Hinsdale Community Recreation Committee.</p>
Attendance	<p style="text-align: center;">Hinsdale Middle High School</p> <p>Parents/Guardians are expected to communicate using hmhsattendance@hnhsd.org regarding absences. The office will notify parents as needed to follow-up on unexcused absences. Two days for each day of excused absence are provided for students to complete essential work missed. Additional support from teachers upon a student's return to school will be arranged as needed. There will NOT be an option to access classes remotely.</p> <p style="text-align: center;">Hinsdale Elementary School</p> <p>Parents/Guardians are expected to communicate using hesattendance@hnhsd.org regarding absences. The office will notify parents as needed to follow-up on unexcused absences. Two days for each day of excused absence are provided for students to complete essential work missed. Additional support from teachers upon a student's return to school will be arranged as needed. There will NOT be an option to access classes remotely. Parents will not be asked to use the SNAP program this year.</p>
Communication	<p style="text-align: center;">Hinsdale School District</p> <p>Changes in programming relative to school routines will be communicated following the Hinsdale School District Communication Plan. Routine messaging via phone, email, texts, will continue as normal. Both school and community messages will be relayed via the new digital signage.</p>
Counseling Services	<p style="text-align: center;">Hinsdale Middle High School</p> <p>Implementation of embedded programming and supports for students will occur through the daily Advisory and Social Emotional Learning programs. School counselors are available for all students and parents as needed.</p> <p style="text-align: center;">Hinsdale Elementary School</p> <p>Students, parents and staff have or will be asked to complete the perspective survey, developed in our work with consultant Eric Mann in order to provide a baseline screening. The information obtained from the surveys will be used by the counseling department and nurse to assist students, parents and staff in staying healthy. Resources available within Cheshire and Windham County will be made known to our stakeholders. We are fortunate to have a year-long social worker intern from the University of New England two days per week to assist our school social worker and school counselor in meeting the needs of our students. Additionally, an on-</p>

	<p>going partnership exists between the school and Monadnock Family Services for counseling.</p> <p style="text-align: center;">Hinsdale School District</p> <p>The district will continue to partner with community agencies and organizations to meet the mental health needs of students, families, and staff. Additional support for all staff is communicated to staff through the districts Director of Human Resources. The staff as available an Employee Assistance Plan and wellness incentives.</p>
Curriculum	<p style="text-align: center;">Hinsdale Middle High School</p> <p>The district-adopted curriculum will continue as normal, with opportunities to provide more frequent assessments, needed interventions, and possible enrichment, based on individual achievement data. The help provided by the Math and English Language Arts interventionists at the middle/high school will aid the process of personalizing the curriculum as well as providing for non-traditional learning pathways as needed. Band and Chorus will be practicing social distancing of six feet apart.</p> <p style="text-align: center;">Hinsdale Elementary School</p> <p>The expectation is for all in-person instruction and a focus on Essential Learning of “power standards” identified by grade level teams. Each day will begin with a class meeting from 8:40 to 9:00 to help students and staff make the shift to be ready to learn. Each grade level will have an intervention block of 45 minutes each day and a ‘traditional’ special schedule including PE two times per week, music two times per week, (Instruments and chorus will be practicing, with distancing of six feet apart based on community transmission levels) art and library once per week.</p>
ELO/Community Service	<p style="text-align: center;">Hinsdale Middle High School</p> <p>Extended Learning Opportunities and Community Service learning pathways will continue in consultation with our community partners. COVID precautions and mitigation practices required at off-site locations will be followed by all participating students and staff.</p> <p style="text-align: center;">Hinsdale Elementary School</p> <p>We will continue to support our High School students in both ELO programming and community service projects that benefit both the student and the elementary school. COVID precautions and mitigation practices required will be followed by all participating students and staff.</p>
Field Trips	<p style="text-align: center;">Hinsdale School District</p> <p>Extra-curricular trips will require prior written approval for ensuring safe practices as well as be dependent on current levels of COVID transmission and positivity rates, both at here and at the destination. Participating staff and students will follow all COVID safety protocols while traveling and at the destination.</p>
Instructional Model	Hinsdale Middle High School

	<p>Instruction will be in person, on-site, five days per week. Should the state mandate school closing due to COVID, teachers will activate their “pivot plan” as communicated in their course syllabus.</p> <p style="text-align: center;">Hinsdale Elementary School</p> <p>The expectation is for all in-person instruction and a focus on Essential Learning of “power standards” identified by grade level teams.</p> <p style="text-align: center;">Hinsdale School District</p> <p>If a parent chooses to keep their child at home, they would need to refer to</p>
	<p>School Board Policy IHBG. One possible option is to enroll in Virtual Learning Academy Charter School. Information on VLACS is available at https://vlacs.org/</p> <p>School Board Policy IHBG-R as all rules concerning participation in public school activities by homeschooled students. If Parent's choose to have their child be removed from public school and have them be homeschooled, the parents need to understand that following Special Education Law; Specialized Instruction, programming, and services will no longer be provided by the district.</p>
Nursing Services	<p style="text-align: center;">Hinsdale School District</p> <p>Services provided by the school nurse will continue as usual, with the use of an isolation area for students who may display COVID symptoms. Family support and guidance for suspected/positive cases of COVID will also be provided. Please see the additional guidance in the appendix B.</p>
Outdoor Learning Space	<p style="text-align: center;">Hinsdale School District</p> <p>The use of the outdoor spaces will continue to support learning. These spaces include but not limited to courtyards, the town pavilion, and surrounding fields, outdoor instruction will be used when it is feasible.</p>
Remote Learning	<p style="text-align: center;">Hinsdale School District</p> <p>Remote learning will not be offered for students when absent. Students who are in quarantine will have two days for each day of absence to complete essential work, and teachers will be available for help upon their return. In the event that the state mandates school closure, teaching and learning will continue remotely following the “pivot plan” to a fully remote model.</p>
Section 504/ Medical Care Accommodations	<p style="text-align: center;">Hinsdale School District</p> <p>Accommodations for specialized instruction for qualifying students will be made based on individualized Medical plan as prescribed by the student medical provider. Planning meeting and the referral process will continue as normal in accordance with the law.</p>

Social-Emotional Supports	<p style="text-align: center;">Hinsdale School District</p> <p>All teachers will have completed additional training in August to assist students with social and emotional support, with additional counseling services available as needed. Tiered counseling supports through individual and small group formats will be possible, and resources for families will be available, through our school counselors.</p>
Special Education Services	<p style="text-align: center;">Hinsdale School District</p> <p>The implementation of services and family engagement will continue, with the use of a virtual platform for meetings. The use of electronic signatures for all parties will continue. Parents will be given the option to attend meetings in person if they so desire and do not have any symptoms associated with COVID-19.</p>
Safety Operations	
Air Ventilation	<p style="text-align: center;">Hinsdale School District</p> <p>Classroom windows will be opened and outdoor learning spaces use as much as possible. The ventilation system's filtration has been upgraded to use MERV 11 filters and currently uses I-WAVE static cleaners in the units.</p>
Arrival and Dismissal	<p style="text-align: center;">Hinsdale Middle High School</p> <p>HMHS bus riders, walkers and student drivers will arrive and leave at the main office entrance. Students may enter the building at 7:30. Parent drop-off and pick up will be at the gym entry way, with the traffic flow entering at the south end of the School St. parking lot, near the junction with Prospect St. Traffic will leave via Prospect St. due to the one-way traffic flow on School St. Dismissals will begin at 2:45.</p> <p style="text-align: center;">Hinsdale Elementary School</p> <p>Students riding the bus to preschool will be dropped off at the playground side of the school office and enter through the door just north of the office. First Student will drop K to 5 students off in between the gym and the cafeteria on School Street. Car riders will be dropped off in the back in between the gym and the cafeteria. All student's K to 5 will enter through the cafeteria door. If they want breakfast they pick up the breakfast and report to their homeroom to eat it. Breakfast ends at 8:35. At dismissal time which is 3:20, preschoolers will board the bus on the playground side of the office. Car riders for preschool will also be picked up there. For K to 5 all car riders and walkers will be dismissed first and exit from the cafeteria doors. Parents should park in back and walk to the pickup area. All bus riders will be dismissed and board the buses in between the gym and the cafeteria on School Street.</p>
Building Sanitation	<p style="text-align: center;">Hinsdale School District</p> <p>Daily Cleaning of classroom and high-touch shared surfaces will occur, with desks in the middle/high school cleaned between classes, and all specials at the Hinsdale Elementary School. All classrooms will be sanitized each evening with the Clorox fogger.</p>

Cafeteria Use	<p style="text-align: center;">Hinsdale Middle High School</p> <p>HMHS students will be served breakfast in their advisory, and all lunches will be served in the cafeteria, with group sizes coordinated to offer physical distancing of 3'.</p> <p style="text-align: center;">Hinsdale Elementary School</p> <p>Lunch times are grades 4/5 11:20, grades 2/3 11:50 and grades K/1 12:20. Eating in the classrooms last year was a very positive experience. However, our Kindergarten and first graders will eat in the cafeteria, spaced 3' apart</p>
	<p>from any classmates at designated spots and tables. Grade 2 and 4 will start the year eating in the cafeteria. Grades 3 and 5 will start the year eating in their rooms. In alternate months the cafeteria use will switch for grades 2 to 5.</p>
Distancing	<p style="text-align: center;">Hinsdale School District</p> <p>Students and staff are encouraged to maintain a minimum of 3 feet physical distancing whenever possible.</p>
Face Coverings	<p style="text-align: center;">Hinsdale School District</p> <p>Face masks or shields will be required for everyone inside, based on the Face Mask Recommendation Matrix, in the Appendix C. Face coverings will not be required outside. Mask-breaks and specialized face coverings for services, such as speech and language, music, etc., will be determined by the professional staff based on student needs.</p>
Hand Hygiene	<p style="text-align: center;">Hinsdale School District</p> <p>Sanitation and hygiene protocols will continue from the 2020-21 school year. Students are encouraged to bring their own water bottles, as water fountains will not be used. The water bottle filling station is available in the HMHS cafeteria. All water fountains at Hinsdale Elementary School have been retro-fitted with bottle filling station ability.</p>
Playgrounds	<p style="text-align: center;">Hinsdale School District</p> <p>The use of the playgrounds will be offered, and students will be expected to maintain 3 feet physical distancing.</p>
Screening	<p style="text-align: center;">Hinsdale School District</p> <p>There will be no temperature screening upon arrival.</p>
Stay at Home	<p style="text-align: center;">Hinsdale School District</p> <p>Stay at home when ill. See the Appendix B for details.</p>
Transportation	<p style="text-align: center;">Hinsdale School District</p> <p>Bus Drivers and students are required to wear face masks on boarding, while riding, and when departing from the bus. Seating charts will be adhered to.</p>
Visitors	<p style="text-align: center;">Hinsdale School District</p> <p>Appointments will be required. Visitors will be properly vetted and approved by administration, Mask will be required by all when in the buildings.</p>

Appendix

- A. Athletic Plan
 - B. Nursing Services and Stay at Home Guidance
 - C. Face Coverings and Mask Recommendation Matrix
 - D. Decision Matrix for Mandated School Closing
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DRAFT

A. Athletic Plan

COVID-19 Return to Sports

ACTION PLAN:

This document provides guidelines set in place that must be followed by all personnel. Anyone found not to be following these guidelines may be suspended from athletic activities.

Team Benches:

- Keep spectator bleachers on players' sideline for social distancing while on the bench.
- Signs will be put in place to remind athletes of social distancing
- Sports bags/backpacks will be lined up against the fence; bags spaced 3ft apart
 - Bags can only be accessed by their owner
 - Signs will be put in place to designate baggage area
- Touchless hand sanitizer will be provided at benches and center line

Ball Holders:

- No ball holders
- Extra game balls will be placed in corners and at the center line
- Balls cleaned and disinfected after each event

Game manager:

- Enforces social distancing

Spectators:

- Social distancing outside of household members
- Signs will be put in place to remind spectators of social distancing
- Spectators must bring their own seating
- Touchless hand sanitizer provided at entrances to field
 - If possible, create entrances and exits to the field

Facilities:

Locker Rooms:

- May be used for:
 - Changing
 - Showering
 - Toilet use
- Hand sanitizer will be placed at the entrances of each locker room
 - Encouraged to use when entering and exiting the locker room

- Locker rooms will be cleaned and disinfected daily
- Weight Room
 - Can be used when:
 - Social distancing can be maintained consistently at 3ft
 - Equipment is thoroughly cleaned after each use
 - Only clean equipment can be placed back on the racks
 - Hand sanitizer will be provided in weight room
 - Encouraged to use when entering and exiting the weight room
 - Weight room will be cleaned and disinfected daily
- Athletic Training Room
 - Can be used for:
 - Evaluation of a single athlete
 - One other adult may be in the room if the door needs to be closed, for liability purposes
 - Taping/wrapping of a single athlete
 - One other adult may be in the room if the door needs to be closed, for liability purposes
 - Rehabilitation of a single athlete
 - Hand sanitizer will be provided in athletic training room
 - Athletic training room will be cleaned and disinfected daily
 - Treatment table will be cleaned and disinfected after every use

Travel:

- Masks will be required on all bus trips
- Staff and volunteers should not transport any athlete that is not an immediate family member
 - If transportation is necessary, all parties must:
 - Wear a mask
 - Space out seating to maintain maximum distance between each other
- Away Competition:
 - If someone has a symptoms of Covid-19, they will be asked to leave and return home to self-isolate
 - Call parent/guardian
 - Athlete will be quarantined in an isolated area until they can leave
 - Space out seating to maintain maximum distance between each other

Training Sessions:

- When possible, maintain social distancing
- Mouth-based activities that normally occur during competition are no longer allowed, these include but are not limited to:
 - Spitting
 - Chewing gum

- Licking fingers
- Chewing/spitting sunflower seeds
- Staff/volunteers will bring trash bags to pick up any trash following training sessions

Reports of COVID-19:

- Athletics will follow the same reporting and quarantine rules that are accepted for the schools themselves
- If a player on a team has tested positive, that team will follow the quarantine guidelines set forth by the reopening plan for the schools.

Plans for Participation

Full Contact Plan:

- Games:
 - Pregame Conference:
 - One coach
 - Head/center referee
 - One team captain
 - Held at center field, all participants maintaining distance of 3ft apart
 - Athletes are sent to starting position from bench
 - If announcing, announce athletes from starting position
 - Home games will be held at Hinsdale Middle/High School's soccer fields

B. Nursing Services and Stay at Home Guidance

COVID-19 MEDICAL DISMISSAL FROM SCHOOL

Student: _____

Date: _____

Your student is being dismissed from school because they are exhibiting one or more symptom/s that have been known to be associated with COVID-19. Please call your child's pediatrician for follow up care as soon as possible

COVID-19 Symptoms include:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

Your student may return to school when:

Option 1

The school nurse is provided with a doctor's note if symptoms are related to a chronic illness (allergies, anxiety, ect.) or negative COVID-19 test **AND** student has been fever free for at least 24 hours and has no other symptoms.

Option 2

At least **10 days** has passed since onset of symptoms **AND** your student is fever free for 24 hours and has no other symptoms.

For more information on COVID-19 please call **211** or visit **www.nh.gov/covid19**

Sincerely,

School Nurse
Elyse Cote, RN
ecote@hnhsd.org

Quarantine guide:

<https://www.dhhs.nh.gov/dphs/cdcs/covid19/documents/self-quarantine-covid.pdf>

Self-Observation Guide:

<https://www.dhhs.nh.gov/dphs/cdcs/covid19/documents/self-observation-covid.pdf>

Isolation Guide:

<https://www.dhhs.nh.gov/dphs/cdcs/covid19/documents/self-isolation-covid.pdf>

Contact Tracing, Isolation, and Quarantine

- People who are diagnosed with COVID-19 must still isolate at home until they have met criteria for discontinuation of isolation
- Close household contacts of someone diagnosed with COVID-19 will be required to quarantine (e.g., people living or sleeping in the same household)
- In an outbreak situation, NH DPHS may choose to expand quarantine to other non-household contacts to control the outbreak
- Quarantine of an entire classroom will no longer be conducted
- Non-household contacts will be asked to self-observe and monitor for symptoms
- This increases the importance of identifying, excluding, and testing people who develop viral infection symptoms
- See NH DPHS self-isolation guidance, and guidance on what to do if you were exposed to COVID-19

C. Mask Recommendation based on the matrix will be reviewed by the Hinsdale School Board on a Monthly Basis

Mask Recommendation		Level Of Community Transmission		
		Minimal	Moderate	Substantial
Cases within Facility	Sporadic community cases without evidence of facility transmission	Optional	Optional	Universal
	Single facility cluster	Universal	Universal	Universal
	Multiple clusters or a larger outbreak	Universal	Universal	Universal

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D. *Criteria for Change to Full Remote Learning Subject to State and Federal Mandates

Community transmission levels, positivity test rates, and the impact on the school will be monitored by the school nurses and communicated daily to Superintendent’s office, using the NH DHHS Dashboard.

Criteria	Level Of Community Transmission		
	Minimal	Moderate	Substantial
Covid-19 PCR test positivity as a 7 day average	<5%	5-10%	>10%
Number of new infections per 100,000 population over prior 14 days	<50	50-100	>100
Number of new hospitalizations per 100,00 people over the prior 14 days	<10	10-20	>20

Instructional Model		Level Of Community Transmission		
		Minimal	Moderate	Substantial
Level of school Impact	Low	On Site	On Site	Remote*
	Medium	On Site	On Site	Remote*
	High	On Site	On Site	Remote*

Green: in this category, community transmission and school impact do not require any sort of change from the districts on site model.

Yellow: In this category, the district will continue to monitor data trends in Hinsdale, Cheshire County, and the state of New Hampshire. Discussions maybe held at the board level and with the state and other health officials about potential next steps should numbers continue to rise. Closure or a shift to temporary remote learning are possible.

Red: In this category, the superintendent has the authority to close down classrooms, schools or the entire district depending on data trends within the schools. Conversations may be had at the School Board level and with the state and other health officials. **Reaching the red category does not require the superintendent to close any classrooms, schools or the district.**

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