

R.E.A.C.T.

RECOGNIZE EXPRESS ACT NOW CARE TEXT 'SIGNS'

Take care of yourself. Take care of others. It matters. to 741-741 or call 1-800-273-8255

**A discussion on mental health awareness with
Dartmouth-Hitchcock Senior Director, External Affairs and former N.H.
Supreme Court Chief Justice John Broderick.
We hope you will join us for this important discussion.**

Date

Tuesday, November 27, 2018

Time

1:30 pm – High School Students and Parents

6:00 pm – Parents and Community

Location

Hinsdale Middle/High School '8

Hosted by

Hinsdale School Board

All are welcome!

Dartmouth-Hitchcock's R.E.A.C.T. campaign provides communities throughout New Hampshire and Vermont tips in dealing with signs of emotional suffering, and resources for support. This effort is in response to the five signs of emotional suffering identified by Change Direction, a national organization dedicated to changing the culture and communication surrounding mental illness.



dartmouth-hitchcock.org

Child care will be provided from 5:30-7:30 by HHS staff & students in the HMHS cafe. This is offered so the children are not exposed to sensitive material.