# <u>Hinsdale Middle High School</u> 2024 – 2025 Student Handbook







# Hinsdale Middle High School

49 School Street Hinsdale, New Hampshire Telephone 603-336-5984 Fax 603-336-7497

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Principal, Anna Roth
Assistant Principal, Chris Ponce

School Colors: Blue and White

School Mascot: Pacers

PROUD TO BE PACERS!

### **Hinsdale School District**

David Ryan, Ed.D. Superintendent P.O. Box 27 Hinsdale, NH 03451 603-336-5728 Ext 7684 Fax: 603-336-5731

Office Hours: 8:00 am to 4:00 pm

# **Hinsdale Elementary School**

Molly Bremner, Ed.D. Principal 12 School Street Hinsdale, NH 03451 603-336-5332 Ext 7602 Fax: 603-336-7522

Office Hours: 8:00 am to 4:00 pm

# **Hinsdale Middle High School**

Anna Roth, M.Ed. Principal 49 School Street Hinsdale, NH 03451 603-336-5984 Ext 7820 Fax: 603-336-7497

Office Hours: 7:30 am to 3:15 pm

District Website: www.hnhsd.org (Find additional information specific to the district on this website)

# I. Greetings from the Principal

Dear Pacer Community,

As the new school year begins, it is important to familiarize yourselves with our handbook. Hinsdale Middle High School prioritizes our Portrait of a Learner competencies while providing all learners with a rich, rigorous, and supportive school experience.

Hinsdale Middle High School students will graduate as positive, adaptable individuals who are prepared to pursue their goals and participate as responsible, contributing members of their community and the world. We strive for our students to be leaders in the classroom, in co-curricular activities, and in our community.

One way that we support students is by providing them with tools to enable their success. This handbook is one of the tools that will help students be successful. The handbook includes valuable information on student life in addition to our academic and behavior expectations.

I look forward to watching our students grow, learn, and contribute positively to our school and community.

Yours in education,

Anna Roth, Principal

#### **Hinsdale School Board Members**

April Anderson, Chair Kaylah Hemlow, Vice Chair Wayne Dingman, Jr. Kendra Gardner Marc Sprague

For the complete Hinsdale School Board Policy Manual please see the website or go to: https://bit.ly/3Jq9Fvh

#### District Goals:

- 1. HSD will personalize learning for each student which will result in improved student learning and higher numbers of students reaching proficiency on targeted learning standards by:
  - a. *using a Response to Intervention model* which will provide students with educational opportunities and learning based upon each student's unique needs, interests and learning styles
  - b. developing action plans that will result in improved student learning
  - c. supporting the implementation of the Future Tech Committee's 5 Year Plan

- d. HSD will provide students with social/emotional learning opportunities which will enhance students' capacity to integrate skills, attitudes, and behaviors to deal effectively and ethically with daily tasks and challenges; and which will result in students learning the skills they need to in order to be successful in today's world at home, in school, and later in college and work.
- 2. In order to improve parent/community involvement/engagement and in order to help parents develop skills to effectively help their child(ren) reach learning goals, HSD will:
  - a. create a welcoming environment in all schools/facilities/departments
  - b. promote a collaborative relationship with the community through a continued commitment to holding regular community forums
- 3. HSD will recruit the best quality staff, grow best quality staff, and retain best quality staff.
- 4. HSD will conduct financial business in an efficient and effective manner.
- 5. HSD will continue to review security audit information and move forward, in a fiscally responsible manner, to ensure our buildings are secure and our students are safe.

#### **HSD** Mission and Vision

Vision Statement: Supporting students by providing personalized learning and creating connections with the greater community.

Mission Statement: The Hinsdale School District works collaboratively with the community to create a safe learning environment that supports opportunities for personalized learning for all students. Our students will be lifelong learners that will be prepared to succeed in an ever-changing and diverse world.

### Portrait of a Learner

The HSD Portrait of a Learner is a framework that outlines the necessary knowledge, skills, and/or dispositions that a student will develop as a Hinsdale student which will allow them to pursue greater endeavors beyond their school year. Through a process of stakeholder input, the skills and dispositions identified for Hinsdale students are:

Character Communication Critical Thinking Collaboration Essential Life Skills

# II. Staff Directory

Jill Beaman MS Math

Timothy Benson Art & Coding

Elizabeth Boggio Grade 6

Sarah Burgess MS Special Services Case Manager

Christina Carter Life Skills

Aimee Castonguay HS English

Teresa Chiricella HS Science

Sally Clark Receptionist

Tara Conway HS Special Services Case Manager

Linda Deschenes Classroom Paraprofessional

Theresa Diorio MS English

Jessica Faloretti HS Social Studies

Tim Fleming Student Assistance Counselor

Calvin Forston HS Math

William Fraser Spanish & MS Social Studies

Julene Gilmore Classroom Paraprofessional

Jessica Green HS Special Services Case Manager

Brittany Howard MS English & Math

Peter Hughes HS Math

Daniel Huntley French

Alexis Johnson HS Social Studies

Cathy Johnson Registrar

Laura Kelsey Classroom Paraprofessional

Ericka Kilelee Administrative Assistant to the Principal

Kevin "Sam" Kilelee ISS/Athletic Director/6<sup>th</sup> Grade PE

Kelly Kruse Classroom Paraprofessional

Kaitlyn Leonard Physical Education

Telitha Lucier HS Science

Sara Mann MS Science

Samantha Mercure MS Special Services Case Manager

Alisha Mueller Classroom Paraprofessional

Susannah O'Neil MS Science

Timothy O'Neil Business

Nicole Ovitt HS English

Jillian Perzan MS English & Social Studies

Karen Robinson HS English

Katherine Savory MS Science

Joe Smith Guidance Counselor

Tammy Stebbins Classroom Paraprofessional

Kleay Steever Classroom Paraprofessional

Diane Steeves Computers/Robotics

Caleb Thurston Music

Bonnie Trombly Family Consumer Science

Kimberlee Welch Classroom Paraprofessional

Jan Zalneraitis Nurse/Health

# III. General Information

### Policies and Procedures Disclaimer

All of the expectations for students, procedures needed to function efficiently, and the consequences for not meeting those expectations contained in this handbook are based on the policies of the Hinsdale School Board. Those policies, along with this document are available on the school website. Hinsdale Middle High School reserves the right to amend, modify, add or delete expectations due to legal considerations or as deemed necessary by the administration and/or Hinsdale School Board. HMHS also reserves the right to change academic requirements, course offerings, curricula, etc. when, in the judgment of the administration or the school board, such changes are required.

### Right To Privacy

HMHS likes to promote our wonderful school through news releases, the honor roll, weekly electronic newsletters, our website, social media, and the publication of pictures, to name a few methods which we employ. Parents and students have the right to ask that their names, work, pictures, etc., are not made public. We will honor any written request that we receive from a student and their parent or guardian. For more information, please feel free to call the Guidance Office or the administration.

<u>Daily Bell Schedule</u> <u>Two-Hour Delay Schedule</u>

7:45 Warning Bell 9:45 Warning Bell

7:50 Begin Advisory 9:50 Begin Advisory

8:15 End Advisory 9:57 End Advisory

8:18 Begin Period 1 Omit Periods 1 & 2

9:06 End Period 1 10:00 Begin Period 3

9:09 Begin Period 2	10:48 End Period 3
9:57 End Period 2	10:52 Begin Period 4A
10:00 Begin Period 3	11:17 End Period 4A
10:48 End Period 3	11:21 Begin Period 4B
10:52 Begin Period 4A	11:46 End Period 4B
11:17 End Period 4A	11:50 Begin Period 40
11:21 Begin Period 4B	12:15 End Period 4C
11:46 End Period 4B	12:18 Begin Period 5
11:50 Begin Period 4C	1:05 End Period 5
12:15 End Period 4C	1:08 Begin Period 6
12:18 Begin Period 5	1:55 End Period 6
1:05 End Period 5	1:58 Begin Period 7
1:08 Begin Period 6	2:45 End Period 7
1:55 End Period 6	
1:58 Begin Period 7	

<sup>\*\*</sup>Students may enter the building at 7:30 AM

# **Emergency Communications**

2:45 End Period 7

This year we will be using BrightArrow Technologies to contact all families of our students in the event of an emergency. Parents/guardians are asked to provide current phone numbers of people to contact in an emergency. Emergency contact sheets should be updated annually. Please provide current, accurate information about people to contact if you cannot be reached at home or work numbers. We may need to know any health factors that may affect your child's safety, your family doctor's contact number, your preference in hospital or emergency care. **PLEASE NOTIFY THE OFFICE OF ANY CHANGE IN CONTACT INFORMATION.** 

4A

4B

4C

### School Closures/Delayed Openings

School closings due to weather are announced on the following media outlets as early as possible:

WMUR-TV NH Channel 9

WKNE (Monadnock Radio Group)

WTSA-FM (96.7)

WKVT-FM (92.7)92.7 FM (Brattleboro) 96.7 (Brattleboro)

Twitter www.twitter/hnhsd and Facebook

### **Attendance**

The primary responsibility of the school is instruction and learning. Learning cannot take place if the student is absent. In an effort to improve attendance and thereby improve learning, our middle high school has the following standards (also see Board Attendance Policy JH page 29 for further clarification):

If a student is ill or unable to attend school, a parent/guardian must call the school at 336-5984 between 7:00am and 9:00am. If the office does not receive a call regarding an absence, the school will attempt to reach a parent/guardian to confirm an absence. The School Resource Officer may also become involved.

Absent notes are **REQUIRED** of all students who have missed any days of school. Notes:

- 1. Must include the date and specific reason for the absence.
- 2. Must be signed by the parent/guardian.
- 3. Must accompany the students when they return to school.
- 4. Must be handed in to the office or email at hmhsattendance@hnhsd.org

A doctor's note is required for absences of three (3) or more consecutive days. If a note is not turned in upon a student's return to school or a call-in has not been received, the day of the absence will be considered unexcused.

### **Early Dismissal**

For those students whose parents/guardians wish them to be dismissed from school early for legitimate reasons (set forth below), the following procedure is to be followed:

1. A written request for early dismissal, signed by the parent/guardian, must be brought to the office upon the student's arrival at school.

- 2. The request must state the date, reason, and time for dismissal. Notes from doctors' appointments, college visits or court appearances must be on letterhead, signed by the appropriate official, and turned in as soon as possible after the students returns to school.
- 3. Any student leaving school grounds without parental **AND** administrative permission will be subject to disciplinary action, including but not limited to suspension.

If a student arrives late, or is dismissed early from school, the student must sign in or out of the office.

# Tardy to School /Class

Students may be late twice per quarter without penalty. **Upon the third tardy and every tardy there after:** 

- 1. A student who is late must provide the office with a written note stating the date, time, and reason for being late to school. If the note is not received when the student arrives at school **or the next day**, and if the note does not provide a clear, acceptable reason, the student will be issued an office detention for failure to bring in a note with an acceptable reason for tardiness.
- 2. Any tardiness that results in an absence from class will be counted against the attendance per class per quarter towards the limit of absences.
- 3. A student who is tardy to school/class more than twice per quarter will receive a warning/possible detention. Office detentions will be issued with a teacher's referral.
- 4. The student is responsible for getting any class work missed due to tardiness, and for completing it on time. **If a student arrives tardy at school**, after a scheduled exam, quiz, or other assignment was due in a missed class, it is the student's responsibility to complete the work that day, or to make **arrangements that day with their teachers to complete the work**. **Failure to take such responsibility may result in no credit for the missed work**.
- 5. Habitual tardiness, to either school or class, may result in other disciplinary action, at the discretion of the administration, including but not limited to the loss of privileges, such as attending extracurricular events, participating in extracurricular events, or the loss of parking privileges.

#### **Attendance and Extracurricular Activities**

A student must be in school for at least 3 hours prior to departure or by 11:00 am, whichever is earlier, and remain in school for the rest of the day in order to participate in extracurricular events on that day. If a student wishes to participate in extracurricular events over the weekend, they must be in school at 11:00 am on the day prior to the weekend and remain in school for the rest of the day. A student who leaves school prior to 2:45 may not participate in extracurricular activities that day. The administration has discretion to reinstate a student's participation privileges.

This expectation applies to athletics, dances, and other extracurricular events taking place outside of the school day.

### **Truancy**

Truancy is defined as any unexcused absence from class or school. Any absence that has not been excused for any reason will be considered an unexcused absence. The building administration will monitor attendance biweekly and send home communication as follows:

- Warning letter sent home after five (5) unexcused absences and every two weeks thereafter
- The SRO or other school official may make an unannounced visit to the home in the event that a student is habitually truant
- After ten (10) unexcused absences, a referral may be made to DCYF for truancy

If a student is habitually truant from school, every effort will be made to resolve the situation through communication between HMHS administration and the family. If the situation cannot be resolved, the student may be referred to the appropriate law enforcement and social service agencies. The Principal or School Resource Officer is hereby designated as the district employee responsible for overseeing truancy issues.

### Ten half days or five full days of unexcused absence during a school year constitute habitual truancy.

A half-day absence is defined as a student missing more than two hours of instructional time and less than three and one-half hours of instructional time. Any absence of more than three- and one-half hours of instructional time shall be considered a full-day absence.

### Make-up Work

Students who are absent are required to make up missed work. Students are allowed two days to make-up class work for each day of legitimate absence from school/class. For example, if a student misses school Monday, they will have until Wednesday to complete missed assignments. If there are extenuating circumstances related to a student's absence, an extension of time may be granted by the administration. In no case should an incomplete be given if work is not made up in the two days-for-one policy or in the time agreed. In the two cases cited, no credit is given, and the grade will be averaged accordingly.

# **Emergency Drills**

Emergency drills are conducted periodically to provide maximum safety of all students and faculty evacuating the building during all drills and emergencies. When the alarm signal sounds, everyone is expected to leave the building immediately in an orderly and quiet manner. Directions are posted in each room as to which direction to go. Students are to remain with their groups and follow teachers' instructions. As part of the school's emergency operations plan, egress drills, options based responses, and bus evacuations will be practiced.

# IV. Life of a Student

### Senior Privileges

Members of the senior class in good standing, based on attendance, academics, and behavior, will be considered eligible for open campus privileges at the beginning of the school year for study hall periods only. A student's standing will be evaluated bi-weekly, and privileges may be revoked based on a decline with academics or behavior by the administration. In addition to those outlined on the permission form, the following lists some of your responsibilities:

- Students must sign in and out of the office, enter, and exit through the main entrance. Failure to do so will result in forfeiture of senior privileges for 10 school days for the first offense and 20 school days for the second offense. Further instances will result in students losing senior privileges for the remainder of the school year.
- In order to be considered a student in good standing, a student must be on track for graduation and be passing all courses with a minimum of 70%. Failure to maintain a 70% average will result in loss of privileges, first for 10 days and subsequently for 20 days. Continued failure to maintain a 70% average after 4 weeks will result in students losing senior privileges for the remainder of the semester.
- Students are expected to arrive on time for classes including advisory.
- Students not scheduled for a class must be present in the study hall or must leave the school grounds.
- Students are not allowed in the halls. If you have a pass to be somewhere else, please check in with the study hall teacher. If your regular class is sent to the study hall in the rare event that substitutes are not available, you must remain in the study hall.
- Poor attendance may result in loss of privileges.

Seniors dismissed during times other than a study hall must sign out on the school wide Depart and Return Sheet. A note should be turned in when a student arrives at the school with the reason and time for dismissal (rules for dismissal are outlined in the Attendance section above).

### Automobile Use

The privilege of driving a motor vehicle to and from school is extended to students. Due to the limited amount of parking, it is by permit only. Permits are issued to school staff/faculty and to the student body based on space availability. Please see the office for the paperwork necessary. All other vehicles are to be parked in the parking lot at Heritage Park. Automobiles parked in the main parking lot or without a permit are subject to towing at the owner's expense. Periodic checks will be made by the administration to verify permitted vehicles.

Parking privileges may be SUSPENDED or REVOKED for any of the following reasons or at the discretion of the administration if deemed appropriate:

1. Leaving school grounds without proper authorization.

- 2. Transporting students who do not have authorization to leave the school grounds.
- 3. Reckless driving or failure to follow the rules of the road.
- 4. Being in or around a vehicle during the school day.
- 5. Parking in an unauthorized area.
- 6. Loss of driver's license.
- 7. Transporting students other than siblings to or from school with prior written permission from both the driver and passenger(s) parents/guardians stating a time frame for such transportation.
- 8. Repeated tardiness.
- 9. Failure to meet academic, attendance, and behavioral expectations.
- 10. Students with parking permits may not drive to ELO's/WRCC without prior (24 hours) written consent from administration, parents' consent, and a valid reason on a day-by-day basis.
- 11. Students with negative balances during the school year may lose driving privileges until balance is paid.
- 12. Leaving school during study hall unless for a documented excused reason (see Attendance section above).

Please see Hinsdale High School Student Application for Private Transportation for complete details.

### Bike Riders

Students riding bicycles to school must wear helmets and secure bicycles in the bike racks provided. The district is not responsible for stolen or lost bicycles.

### **Bus Transportation**

HSD contracts with First Student to provide bus transportation to students living outside the school's walking limits. What follows comes from First Student and is to be complied with by any student from HSD who will be riding the bus.

To maintain a safe, efficient, and orderly means of transportation, students must choose to display acceptable behavior.

- 1. The school bus driver is in complete charge of the bus and the pupils. The bus driver has the same authority in maintaining discipline as a teacher in the classroom.
- 2. Pupils must be at their designated bus stops five (5) minutes prior to the pickup time. Schedules do not allow waiting for late students.
- 3. Permission to get off at a stop that is not the student's regular stop shall follow individual school policy.
- 4. All pupils must remain properly seated until the bus comes to a complete stop and the eight-way lights are activated.
- 5. Emergency exits are to be used for emergency drills twice a calendar year and emergency situations only.
- 6. Pupils shall hold onto the handrail when loading and unloading.
- 7. Students may bring acceptable items on the bus only if the item can be held in the student's lap.
- 8. Skateboards, skis, rollerblades, animals, glass containers, nuisance items, and other objects of an injurious or objectionable nature are prohibited on the school bus. Articles not allowed in school are also prohibited.

- 9. Students confronted by the bus driver for unacceptable behavior should give them their name. Failure to do so may result in suspension from riding the bus for up to three (3) days.
- 10. The bus driver is authorized to assign seats whenever necessary.
- 11. Students shall not be destructive of the school bus seats, sidewalls, floor, and/or windows, nor shall they tamper with any other bus equipment. The cost of any intentional damage will be the responsibility of the student/parent. Destruction of First Student property will result in a 5-day mandatory suspension from the bus, and students will remain off all buses until a suitable payment agreement is met.
- 12. While classroom voice between students is permitted, loud, vulgar, obscene, and improper language or gestures will not be tolerated on the bus.
- 13. Pupils will refrain from throwing things in the windows, out the windows or around the inside of the bus. Trash will be placed in receptacles on the bus. NO LITTERING.
- 14. Eating and drinking are not allowed.
- 15. Smoking, Smokeless Tobacco, Alcohol, Drug use, and the use of lighters or matches are forbidden.
- 16. No spraying of perfumes, deodorants, hairspray, air fresheners, etc. is allowed on the bus.
- 17. Fighting, pushing, tripping, bullying, or spitting will not be tolerated.
- 18. Any other behavior relating to safety, well-being, and respect for others in a harmful, destructive, or degrading manner is not acceptable.

Parents please note! There may be circumstances that could result in immediate suspension from the bus. If this should happen, parents/guardian shall be responsible for providing transportation. **All buses are equipped with cameras that have both audio and video recording capabilities.** 

# Advisory/Social Emotional Learning

The primary purpose of the morning advisory is to provide every student with an advisor, whose role will include assisting in implementation of the social/emotional learning curriculum and providing oversight for student progress on 21st Century Learning Expectations. Academic interventions will be provided during core instruction or after school.

Students will be assigned to an advisor/homeroom for the year. Students will receive a Pass or No Credit, based on attendance and participation. Students who pass will receive 0.25 credits per year. Students present but inactive for 20% or more of the year will receive no credit.

# **Books and Equipment/Computer Care**

The district spends thousands of dollars annually to see that students are provided with the necessary books, equipment, and other materials that will aid in acquiring a good education. Textbooks/computers are school equipment, and materials issued are the student's responsibility. Teachers will not accept books, materials, or equipment, including electronics that are damaged or show other signs of excessive wear. If these conditions exist, the parents or guardians must pay the replacement cost of the article damaged.

If a personal item, book, or any other school material is lost, missing, or presumed stolen the student should immediately notify their teacher and the main office. If the item was stored in an unlocked locker, the student will remain accountable for replacing the item. Locks are available for student use. The office staff will make every attempt to help recover the item.

### Passes Passes

Students are to have written permission when in the halls during class time. Passes should only be issued during the first 5 minutes and last 5 minutes of class except in emergencies. Students will be asked to show their pass to any teacher. If a student does not have a legitimate pass, the teacher will escort them to his/her assigned area. Abuse of the pass privilege will result in losing these privileges.

### Study Hall

Study Hall is part of the academic day and students should plan to use their time accordingly:

- 1. Report to study hall when assigned and be on time.
- 2. Take your assigned seat and do work independently.
- 3. Students must follow the instructions of the supervisor.
- 4. Students will report to Study Hall with books and study materials in sufficient quantity to occupy them for a full period.
- 5. There will be no sleeping.
- 6. There will be no playing cards or games on computers.
- 7. High School students can use cell phones during study hall. If all their regular schoolwork is completed, students will be expected to have an appropriate free reading book with them and be reading.
- 8. Students will not be allowed passes to participate in Physical Education classes.
- 9. Food or water is only permitted in the cafeteria; they are not permitted in any other part of the building.
- 10. Students are expected to remain in study hall for the duration of the period unless they arrive with a pass from another teacher. The study hall monitor may call to verify the reason for the pass prior to excusing the student.

### **Class Dues**

Each high school class requires its students to pay class dues. Class Dues are a yearly fee paid to support their class activities. For example: prom, senior class trip, and some graduation activities. In other words, class dues are a student's contribution to their class funds. Failure to pay dues can ultimately result in not being able to participate in class activities, such as the ones listed above.

### Class Officers' Duties:

President: Run meetings, organize events and fundraisers

<u>Vice President</u>: Assist President in organizing events and fundraisers.

Secretary: Take notes for all meetings, keeping track of proposals, upcoming events, and other information

<u>Treasurer:</u> Work with Advisor(s) to deposit and withdrawal funds, maintain a running total of class/club accounts, and collect class dues

<u>Student Council</u>: Work with representatives from classes to organize community service projects and fundraisers. Attend monthly meetings.

# All officers are expected to be at all events. If you do not fulfil your duties, you may be replaced.

#### Athletics

Hinsdale High School is a member of the New Hampshire Interscholastic Athletic Association (NHIAA) and abides by all rules and regulations of this organization as it pertains to athletes, spectators, and coaches. Hinsdale Middle High School students are expected to follow the Life of an Athlete-Hinsdale Pacer Code of Conduct. Each athlete is given a copy of this handbook.

### Clubs

The club programs begin shortly after the school year starts when interest and the availability of club advisors are determined. All meetings will be held on school grounds with club advisors present. As student interest indicates, additional clubs may be formed.

#### Dances

School dances will be held separately for Middle School students in grades 6 through 8 and High School students in grades 9 through 12. Students in middle school may not attend high school dances and students in high school may not attend middle school dances. School dances are to be held on Friday nights, unless special permission is granted otherwise.

There will be no guests at middle school dances. Guests to the high school dances must be enrolled in a high school and /or meet approval standards set by administration. A form must be completed for students outside of Hinsdale Middle High School.

School dances are to be supervised by at least three members of the faculty. No pupil is to be allowed to leave the building and return unless conditions of emergency exist. Committees are to be fully organized under the supervision of the advisor concerned when arranging dances. **The advisor must be present at the dance for the full duration of the event.** All school rules and policies will be in effect.

### Field Trips

All school trips, including class trips, are expected to have an educational component that creates a meaningful learning experience for those students involved and must have the approval of the Principal or Designee. A written agenda of the plan for the day must be included in the Advisor/Teacher request. Except for the Senior Class Field Trip, no field trips shall occur after Memorial Day!

All school rules will be in effect during field trips. Written permission slips must be signed by a parent or guardian and turned into the supervising teacher at least three days prior to the trip. No phone permission will be granted on the day of the trip. Students must have good attendance and be in academic and behavioral good standing to participate in field trips, as determined by administration three days prior to the trip.

Instructions from chaperones or the bus driver are to be considered the same authority as teachers. Students are to remain with their group unless permission to separate is given by the accompanying teachers or chaperones. No valuables of any kind are to be left on the bus. Field trips are a privilege and therefore students may not be able to attend when prior misbehavior warrants. Students requiring financial assistance may petition the school administration in order to attend the trip.

### Suicide Prevention Plan

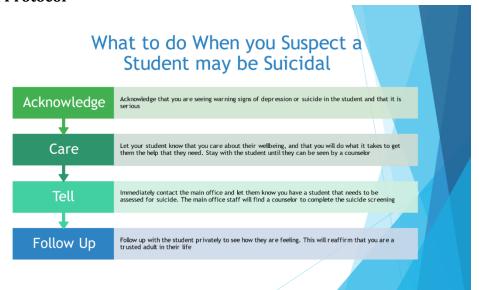
This document outlines the Hinsdale School District Suicide Prevention Plan. It will focus upon the definitions of terms, the response to suicide and attempts at suicide, and the steps to take for student and staff education per RSA193 J:1:3. The key personnel in the district and resources available will be identified. Finally, the plan for Dissemination and Communication of the plan will be addressed. The outcome associated with the document use will be to protect the health and wellbeing of all students by having procedures in place to prevent, assess the risk of, intervene in and respond to suicide and suicide attempts.

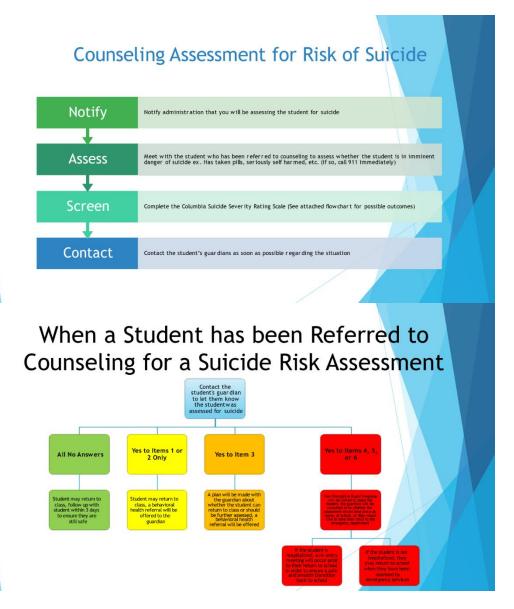
### **Definitions**

- Risk Factor Risk factors are characteristics or conditions that increase the chance that a person may try to take their life.
- Risk Assessment An evaluation of a student who may be at-risk for suicide, conducted by the appropriate designated school staff (e.g., school psychologist, school social worker, school counselor, or in some cases, trained school administrator or teacher). This assessment is designed to elicit information regarding the student's intent to die by suicide, previous history of suicide attempts, presence of a suicide plan and its level of lethality and availability, presence of support systems, and level of hopelessness and helplessness, mental status, and other relevant risk factors.
- Warning sign Something to look out for when concerned that a person may be suicidal is a change in behavior or the presence of entirely new behaviors. Warning signs warrant greater attention and more immediate intervention than risk factors.
- Protective Factor Protective factors are characteristics or attributes that reduce the likelihood of attempting or completing suicide. Protective factors are skills, strengths, or resources that help people deal more effectively with stressful events.
- Postvention Postvention is a term used in the suicide prevention field. The definition is from the US national guidelines developed by Survivors of Suicide Loss Task Force

- Postvention is an organized response in the aftermath of a suicide to accomplish any one or more of the following:
  - To facilitate the healing of individuals from the grief and distress of suicide loss
  - To mitigate other negative effects of exposure to suicide
  - To prevent suicide among people who are at high risk after exposure to suicide

### **Suicide Prevention Protocol**





If you, or someone you know, needs extra support during this time, confidential 24-hour helplines are available:

Crisis Text Line: Text HOME to 741741

NH Suicide Prevention Hotline: Call 1-800-273-8255

NH Addiction Crisis Line: Call 1-844-711-4357

# If you or someone you know are experiencing a mental health emergency, please do one of the following:

Call your local police department

Call 911

Call the Mobile Crisis Response Team (800)-688-3544

Go to the nearest Emergency Room

# **Response to Suicide and Suicide Attempts**

The crisis response team will be made up of the school counselors at both schools, the school social workers, a school psychologist if available, and a member of the administration of both schools.

### Postvention

The overall goals postvention are:

- Establish a single point of contact with the parents
- Determine the method to inform students, staff and the community
- Provide opportunities for grief support
- Maintain an environment focused on normal educational activities
- Help students and staff cope with their feelings
- Minimize the risk of suicide contagion
- Provide resources for staff to manage the incident
- Maintain open communication with staff
- Prepare a media statement if needed

# Re-Entry Plan for Student Attempting Suicide

- A school-employed mental health professional or other designee shall be identified to coordinate with the student, their parent or guardian, and any outside health professionals involved with the student.
- A determination will need to be made about making up missed work, the nature of check-in and check-out, and any other necessary accommodations for the student.

- Periodic check ins will be conducted (frequency to be determined)
- The administration shall disclose to the student's teachers and other relevant staff that the student is returning from a medical absence and may need adjustments for assignments.

# **Suicide Contagion**

The Crisis Response Team should meet to identify students who may be at a heightened risk for suicide due to underlying mental disorders or behavioral problems, or who have been exposed to the prior suicide directly or indirectly. Of special concern are those students who:

- Have a history of suicide attempts
- Have a history of depression, trauma, or loss
- Are dealing with stressful life events such as a death or divorce in the family
- Are family members or close friends of the deceased
- Received a phone call, text or other communication from the deceased foretelling the suicide
- Had a last negative interaction with the deceased
- May have fought with or bullied the deceased.

### **Student Education**

**Healthy Choices** 

Protective factors are the positive conditions or resources that promote resiliency and reduce the potential for youth suicide and harmful choices.

- Close family friends.
- Strong sense of self worth
- Sense of personal control
- Reasonably stable environment
- Best friends
- Responsibility to others
- Activities
- Pets
- Lack of access to lethal means

# **Coping Strategies**

Developmentally appropriate, student-centered education materials shall be integrated into the curriculum of all K-12 health

classes and other classes as appropriate. The content of these age-appropriate materials shall include the importance of safe and healthy choices and coping strategies focused on resiliency building, and how to recognize risk factors and warning signs of mental health conditions and suicide in oneself and others. The content shall also include help-seeking strategies for oneself or others and how to engage school resources and refer friends for help. At the elementary level, school counselors use "I Can" statements to guide and supplement classroom discussions around developmentally appropriate information.

# **Risk Factor Recognition**

All staff, designated volunteers, and any other personnel who have regular contact with students, including contracted personnel or third-party employees, shall receive at least two hours of annual training (such as but not limited to NAMI Connect Program, or Youth Mental Health First Aid) in suicide awareness and prevention. Such training may include information and professional development on risk factors, warning signs, protective factors, response procedures, referrals, postvention, and resources regarding youth suicide prevention.

The professional development shall include additional information regarding groups of students at elevated risk for suicide, including those living with mental and/or substance use disorders, those who engage in self-harm or have attempted suicide, those in out-of-home settings (e.g., youth in foster care, group homes, incarcerated youth), those experiencing homelessness, American Indian/Alaska Native students, LGBTQ (Lesbian, Gay, Bisexual, Transgender, Queer and Questioning) students, students bereaved by suicide, and those with medical conditions or certain types of disabilities. Additional professional development in risk assessment and crisis intervention shall be provided to school-employed mental health professionals and school nurses.

# Warning signs

- Talking about death or dying in general.
- Talking about suicide or wanting to die.
- Talking about means or methods to hurt oneself.
- Obtaining a weapon or other means.
- Isolating self from friends and family.
- Feeling life is meaningless, hopeless, or helpless.
- Putting life in order or giving away possessions.
- Picking fights, arguing, irritability, increased anger.
- Sudden improvement in mood after being down or withdrawn.
- Neglect of appearance or hygiene.
- Sleep and/or appetite changes.

- Dropping of activities.
- Direct Verbal Cues such as: "I wish I was dead," "You'll be better off without me," "I'm so tired of it all," "Pretty soon you won't have to worry about me," or, "No one will miss me when I am gone."

### **Confidentiality**

As part of the job performance of the District, employees may produce and receive information that must be kept confidential. Confidential information includes information obtained during the course of employment relating to the conduct of School District internal affairs. It shall also include information relating to students that is otherwise protected by applicable state and federal privacy laws. School District employees shall not disclose nor transmit such confidential information concerning students or others, or confidential information and shall use extreme care to protect against negligent or inadvertent disclosure of such information. Reference board policy GBEAA CONFIDENTIAL STUDENT INFORMATION

### **Designation of Personnel**

District Coordinator – School Psychologist Building Liaisons – School Social Workers Principals Other - Nurses

<u>Preventing Suicide: A Toolkit for High Schools</u>: U.S. Department of Health and Human Services Substance Abuse and Mental Health Services Administration Center for Mental Health Services

<u>After a Suicide: A Toolkit for Schools</u>: American Foundation for Suicide Prevention and Suicide Prevention Resource Center <u>Youth Suicide Prevention, Intervention, and Postvention Guidelines: A Resource for School Personnel</u>: Maine Youth Suicide Prevention Program

**Trevor Resource Kit**: The Trevor Project

<u>Supportive Families, Healthy Children: Helping Families with Lesbian, Gay, Bisexual & Transgender (LGBT)</u>: Children Family Acceptance Project

**Supporting the Grieving Child and Family**: American Academy of Pediatrics

<u>Suicide Prevention Resource Center</u> or 877-438-7772: Education Development Center, Inc, 55 Chapel Street, Newton, MA 02458-1060 <u>National Alliance on Mental Health- NH</u> resources are listed below:

- The Connect Program
- Support for Survivors of Suicide Loss
- Support for Attempt Survivors
- Youth Mental Health First Aid

Dissemination and Communication of the Plan

The plan will be posted on the district website, included in the Student Handbook, and included in the Faculty Handbook. A crisis guide for parents will also be in the same places.

# V. Academics

### GRADUATION REQUIREMENTS

- 4.0 English
- 3.5 Social Studies (e.g., American Studies 1/ NH History Embedded.) and ½ credit of Economics and ½ credit of World History for all graduates, ½ credit Civics/Current Events
- 3.0 Science (including one-year Biology, and one-year physical science)
- 4.0 Mathematics (including at least one year of Algebra) 4 credits must be taken in grades 9-12
- 1.0 Physical Education
- 0.5 Information and Communications Technology
- 0.5 Health
- 0.5 Arts Education (may include art, band, chorus, aerobic dance, or theater)
- 0.5 Personal Finance
- 17.5 Required Credits
- 7 Elective Credits
- 24.5 Total Credits to Graduate

The Hinsdale Board of Education reserves the right to require additional academic requirements necessary to graduate from high school.

# **Accelerated Graduation**

Students planning an accelerated path to complete graduation following the NH State Diploma requirements must have a written plan approved by **May 30**th of the school year prior to the proposed completion date. It is the student's responsibility to ensure the plan is approved and in process. Furthermore, it is the student's responsibility to check in on all end-of-year expectations.

# **Grading Scale**

100-97= A+	96-94=A	93-90=A-
89-87= B+	86-84=B	83-80=B-
79-77= C+	76-74= C	73-70=C-
69-68= D+	67-66=D	65= D-
64-0= F		

# **Incomplete Grade**

The grade of "Incomplete" is used to benefit those students who have been legitimately absent from school or class near the end of the marking period or for an extended illness. Unless students have administrative approval, incompletes must be resolved within 5 days from the close of a marking quarter.

### **Grade Point Average (GPA)**

Seniors' GPA will be determined 15 days before the 175th day of school. Final GPA's on transcripts are subject to change due to final exams.

### **Awarding of Credit**

Credit will be awarded in accordance with *Policy IK*. Earning of Credit. Additionally, a unit of credit or fraction thereof shall be given upon satisfactory completion of a course or learning experience in compliance with the district-specified curriculum and assessment standards. In some cases, course credit may also be awarded based on demonstrated mastery of the required competencies for the course. Assignment of mastery will be the responsibility of the principal, and will be in accordance with *Policy ILBAA*, *High School Competency Assessments*. Credit will be awarded only for a specific required course with the same content during the secondary school experience.

### **Alternative Credit Options**

The Superintendent may approve the granting of credit earned through alternative methods outside of regular classroom-based instructions. Such alternative methods of instruction may include Extended Learning Opportunities (ELO's), distance education, alternative learning plans, or others approved by the Superintendent or designee. Awarding of credits to be applied toward high school graduation requirements will be determined by the high school Principal on a case-by-case basis. Such credit will be granted pursuant to the provisions of *Policy IMBC, alternative Credit Options* and other applicable Board policies.

# **Alternative Learning Plans**

As an alternative to satisfying the provisions of this policy and related NH State requirements, students may also graduate from high school and obtain either a high school diploma or its equivalent of participating in an alternative learning plan or program. The provisions of *Policy IHBI, Alternative Learning Plans*, shall apply in such an event.

### **PowerSchool**

All parents/guardians have automatic access to the electronic grade book online. Simply go to the Hinsdale Middle/High School webpage at <a href="https://www.hnhsd.org">www.hnhsd.org</a>, and click on the Parent Area to access the link to the parent portal. To acquire your login credentials or f you have lost or forgotten the password, please contact the counseling office. If parents have questions regarding student achievement inquiries, they should be addressed to the classroom teacher. If parents have questions regarding the posting of grades in a timely manner, those questions should be addressed to the principal.

### **Progress Reports**

At the midpoint of each marking period, all teachers are required to have up-to-date information entered in the electronic grade books to provide an accurate assessment of student achievement. Paper progress reports are only issued to students and parents who do not have internet access available to monitor their progress using Power School. Students and parents are requested to notify the school counseling office if they do not have internet access.

### **Report Cards**

The period of grading is arranged on a quarterly basis. Grading for each quarter will be available online in PowerSchool approximately one week after marks close. Report cards are only sent home at the end of the year. The yearly calendar is set by the Hinsdale School Board.

### Honor Roll

Hinsdale Middle High School will report the honor roll following the end of each grading period. This applies only to full-time students (more than 5 classes), and all classes will be calculated to determine the average. Designations will be as follows:

<u>Highest Honors</u>: 95 average or above with no grade lower than a 94.

High Honors: 90 average with no grade lower than a 90.

Honors: 85 average with no grade lower than an 80.

Due to publishing timelines, students with incompletes (INC.), Attendance F's (F\*) or attending a local career center may be omitted from being included in Honor Roll on the published lists.

### **National Honor Society**

Students are deemed eligible based on their academic achievements (3.5 averages in their junior and senior year, 3.6 in their sophomore year). Membership in the society is based on the following criteria: scholarship (academic achievement), character (upholding morals and ethics, being cooperative, demonstrating honesty and reliability – including in academics, and showing courtesy and respect for others), leadership (being a positive role model and holding a leadership position), and service (volunteering and being active in clubs, sports or community groups).

Members of the society may leave study halls without passes providing that they inform the supervising teacher of their destination. Members may arrive at school late and leave early if they have study halls only during period one or seven and written parental permission but must return for Advisory. Members may leave at the first bell for lunch. Members will also be entitled to free admission to school athletic events (except for NHIAA events or fundraisers) and social activities including dances and drama with the exception of Prom and Semi-Formals.

Members are expected to attend ALL meetings and events, to participate in community service, and maintain their academic achievement.

### Homework

Homework is an important part of our students' academic growth and development. As part of our 21st Century learning expectations, the habits of good organizational skills and time management are integral to successful task completion. It is expected that homework be turned in on the due dates assigned by teachers. Middle school students are provided with an agenda which they are expected to maintain. Failure to do so will impact their grades. The school-wide policy is as follows:

One day late - 10 points off Two days late - 20 points off Three days late - 30 points off

\*No credit for work turned in after three days late.

Exceptions to this policy will require approval by both the teacher and administration. Students having difficulty completing homework should make arrangements for help from their teacher.

### **Promotion and Retention**

**Grades 6-8**: Developmentally, middle school is a complicated age, and students develop both physically and mentally at different rates. The decision to retain a student at this level is also a complicated one, notably not supported by research. We would hope that timely interventions during the school year along with consistent, open communication between school staff and home would make retention unnecessary. Additional steps may also be required to avoid retention including but not limited to: homework club, after school tutoring, and summer school. After considering all factors a decision will be made based on what is considered in the best interest of the student. In accordance with *HSD Policy IKE – Promotion and Retention of Students*, criteria to be considered should include, but not be limited to, a student's mastery of course level competencies, grades, teacher recommendations, and the student's social growth and readiness. The final decision on retention rests with the HMHS administration.

**Grades 9-12:** For a student to have successfully completed each grade level and to be considered "on track" for graduation there are minimum earned credit requirements that must be met. These requirements are as follows:

To proceed to the Sophomore year
To proceed to the Junior year
To proceed to the Senior year
12 credits
18 credits

### Vocational/Technical Study

Students from Hinsdale Middle High School may attend the Cheshire Career Center in Keene, NH or the Windham Regional Career Center (WRCC) in Brattleboro, VT, depending on program availability. Attending a vocational program allows students to make the most of their

talents by enrolling in a program that compliments their interests, from culinary arts to carpentry, and technology programs that range from automotive to video and media. Up to three credits may be available towards graduation. Students attending WRCC will adhere to the following rules and procedures:

- 1. Students will comply with all bus riding regulations.
- 2. Students will ride on the bus provided by the school district to and from the center. Individual cars may not be used unless both the principal and the CCC/WRCC grant permission. Based on a written request by the parent, permission should be requested at least a day in advance. When permission is granted, it is only for the individual and for the agreed upon day(s). There are to be no other passengers in the automobile without written permission from both parents.
- 3. The H.M.H.S. Attendance Policy will be in effect for those students attending a careet center.
- 4. Upon returning from the center, students are to report directly to the office, for attendance purposes.
- 5. Students suspended from the CCC/WRCC will also be suspended from H.M.H.S.
- 6. Students suspended from H.M.H.S. will also be suspended from the CCC/WRCC.
- 7. Students/parents will sign a contract.
- 8. Honor roll for CCC/WRCC classes will be calculated after CCC/WRCC grades are final.

Students with excessive absences and disciplinary records at their career center will be reviewed about continued attendance.

### State and Local Assessments

NH State testing will be conducted for students in grades 6-8 and 11. Please check the school website for dates. All students are required to take the test. Students and parents are encouraged to put forth their best efforts during the weeks of the testing periods to demonstrate proficiency in the areas tested by the state. Testing dates and times are subject to change.

Additionally, all students will participate in benchmark assessments two times per year using the NWEA Measures of Academic Progress (MAP) assessment. The results of these local assessments help inform teachers' instruction and allow students an opportunity to set goals based on their individual performance. Parents may request a copy of their students' score reports by contacting the Guidance office.

# VI. Student Services

### **Health & Wellness**

**Illness:** If a student becomes ill during the school day they need to report to the nurse, or in their absence, the main office. If deemed appropriate, the nurse or office staff will notify the parents/guardians/designee who will take the student home. Before taking the

student home, they must be signed out in the main office. Failure to do so may be considered leaving campus without permission or cutting class.

Please keep your child at home if they have had a fever greater than 100.4, suspected respiratory or flu-like illness, vomiting or diarrhea in the past 24 hours, rash with fever, frequent/persistent cough, or communicable diseases. We ask that you call the school to inform us that your child will not be in school due to illness.

**Injuries:** All injuries that occur during school time or school activities, no matter how small, must be reported to the teacher on duty, the school nurse, and the main office. Failure to report an injury in a timely manner could result in the denial of an insurance claim.

**Emergency Information**: Emergency forms must be updated yearly and submitted at the beginning of every school year. These forms not only provide updated emergency contact information in the event of illness, they also serve, in the event of an emergency, as medical history and consent to treat. Please inform the nurse throughout the school year of any changes in your child's medical status, major injuries, or immunizations. Home-schooled students participating in any school program must also have this form on file.

**Medications at School:** Students are not allowed to possess medications of any type at school – including over-the-counter medications – without the appropriate forms filed with the school nurse. Please contact the nurse for further information. Medications such as inhalers and epi-pens may be carried by the student provided the proper forms are on file in the nurse's office. Many routine over the counter (OTC) medications are supplied by the school and will be dispensed to students as deemed appropriate by the school nurse provided a current, signed OTC consent form is on file.

### **Guidance Office**

The major functions of the Guidance Department include counseling individual students regarding educational and career planning, scheduling classes, and assisting students with personal problems.

Students are assigned a school counselor. Appointments can be made for students to meet with their counselors during study hall periods.

Students can add/drop classes during the first five days. Requests made after this period will be considered on a case-by-case basis. Approval of such requests will be granted with written permission of parents, teacher, counselor, and administration. If a student withdraws from class after the drop/add period has expired their report card and transcript will reflect a "WP" their cumulative average at the time of withdrawal if passing, or "WF" if their cumulative average at the time of the withdrawal is failing.

**College Presentations:** Students are encouraged to meet with college representatives. Eligible students will be excused from classes to attend presentations. Students must sign up with the Counseling Department prior to the presentation.

### **Food Services**

The Hinsdale School District contracts with the <u>Abbey Group</u> as their provider for school meals. For further information regarding food services or the Abbey Group, please visit their <u>website</u>. Families are encouraged to prepay using the Meals Plus on-line payment feature to deposit funds or send a check directly to the cafeteria made payable to **Hinsdale School Hot Lunch Program** the first week of school. Please write your child(ren)'s name and/or ID number clearly.

Food and beverages may only be consumed in the cafeteria or home economics room. All areas on and around cafeteria tables must be clean for students at that table to be dismissed. Students will not have, and therefore not consume, food (**including gum**) or drinks in classrooms or hallways, except for water. Students may not consume energy drinks that do not meet the standards outlined in the Hinsdale School District Health and Wellness Policy. Also due to the School Board's Wellness Policy, no students will be allowed to purchase coffee or other caffeinated beverages from the school lunch program per the district policy.

Each student will eat A, B or C, lunch, each being 30 minutes in length. Students will be issued a card with their lunch number and enter their number whenever making a purchase. This number should be kept confidential and may be obtained only from the Food Service Team. At HMHS, breakfast is \$1.75, and lunch is \$3.35. Students are expected to be in the cafeteria during their entire lunch period unless otherwise directed. Classes are in session during every lunch; students are not to roam the halls or otherwise cause disruptions.

### **Student/Adult Account Policy**

The goal of The Abbey Food Service Group is to provide delicious, nutritious, high-quality meals to all students and staff of every school we represent. All accounts are subject to the Account Charge Policy established by your school. Please visit your school's website to view their current Account Charge Policy.

- 1. Written notification, **Zero-Balance Letter**, is sent home with the student when the account balance is less than zero.
- 2. Phone notification, Minus Balance, is initiated to the parent/guardian, when there is a negative balance equal to or beyond two charged meals.
- 3. With no response, and within the guidelines of reasonable fiscal restraints, the school and parent/guardian are then notified.

We recommend using the Meals Plus online payment feature: <a href="https://family.titank12.com">https://family.titank12.com</a>.

# **Refund Policy**

For accounts with a positive balance at the end of a school year, one of two things can occur:

• For graduating students, positive balances will be transferred to younger siblings at the parent's request.

If there is not another sibling, a positive balance refund request can be made by submitting a request to your student's school administrative office. If a request is not made, the balances will remain in the school's hot lunch program.

• For returning students with a positive balance, their balance will be carried over on their account into the new school year.

### **Technology Services**

Hinsdale Middle High School is pleased to be continuing our 1:1 technology initiative by issuing all 6th - 12th grade students a laptop and charger for the school year. We believe that 21st Century instruction is necessary for 21st Century learning. Providing students with an environment that fosters and encourages this belief is part of our core values. All members of our learning community hold the responsibility to value technology and achieve technological proficiency to prepare our students for future jobs, which currently may not exist.

The use of computers and networks provides our students with quality, equitable and cost-effective information and communication resources, and the opportunities for researching and reporting information in ways that are consistent with our district-wide educational goals. All students and parents must return an acceptable use policy form to be kept on file at HMHS. Appropriate and safe use of the internet will be taught prior to use of computers in individual classes and will be a focus in designated computer technology classes.

# Violation of the Acceptable Use Policy (JICL-R) may result in the following consequences:

**1st offense:** loss of device use and computer privileges for up to three (3) weeks **2nd offense:** loss of device use and computer privileges for up to nine (9) weeks **3rd offense:** loss of device use and computer privileges for up to one (1) year

As needed, additional disciplinary measures may be taken. These may result from cyberbullying, illegal downloading of material, etc. All electronic communication, files, and material is subject to examination by school officials and legal authorities. This includes all email that is sent or received through or by our system.

# VII. Code of Conduct

# **Tiered Disciplinary Approach**

Parents, school board members, the faculty, and staff of Hinsdale Middle High School are immensely proud of Hinsdale Middle High School students and are interested in encouraging all students to do their best. Toward that end, the code of conduct has been collaboratively developed. It is to be used as an overview rather than as an all-inclusive document. **The administration will determine the severity of the consequences.** 

The expectations for behavior that follow are for all Hinsdale Middle High School students any time they are representing HMHS. Students at Hinsdale Middle High School are expected to treat all members of the school community with dignity and respect. The school community is defined as all people who work or interact within the school. Students, teachers, instructional assistants, substitutes, administrators, guidance counselors, custodians, secretaries, cafeteria workers, bus drivers, parent volunteers and school visitors are part of this community.

Each person in the school must have the opportunity to grow personally, socially and intellectually, as well as the opportunity to exercise their rights in a positive and constructive way. Thus, all members of the school community have a responsibility to conduct themselves in a way that demonstrates a respect for all individuals, their rights and their property. All members of the school community must also understand and support the school's standards of conduct and assist in enforcing rules and regulations. This behavior is expected during all activities such as assemblies, celebrations, concerts and drama performances and all co-curricular activities such as school dances and athletic events on or off campus. This includes school-sponsored trips and those times when school buses or other school-provided transportation is used.

Our mission is to support all students in displaying acceptable behavior and participating fully in their education. As a result, the HMHS disciplinary model has been created using a tiered approach. The model contains five levels (1, 2, 3, 4, 5) defined with progressively more problematic student behaviors on each level, but these lists are not exhaustive. On each level, consequences have been identified to support the improvement of a student's behavior and to clarify expectations regarding future incidents of unacceptable behavior. When a student behaves in an unacceptable way, they will be assigned to the appropriate level as defined in the model. When a student is considered for placement on a level, HMHS administration will strive to maintain a constructive approach that focuses on positive behavior change and minimizes any interruption of the educational process. Age and maturity levels require several types of disciplinary action. These factors will be considered when corrective measures are needed.

A student will move to a higher level by exhibiting behavior that is listed at a higher level than they are currently placed; exhibiting behavior that is defined as chronic at a lower level or at the same level; and exhibiting more than one behavior at the same level. Hinsdale Middle High School reserves the right to discipline a student who engages in dangerous or illegal behavior outside of school, the result of which may directly harm the school. Furthermore, police or other state agencies may be notified if students engage in behaviors that violate New Hampshire state laws. All school consequences are at the discretion of the HMHS administration except in cases where school board policy specifically dictates. Behaviors at Level 3, 4, and 5 will be formally documented in a student's permanent educational record. Discipline records will be housed in the ISS room.

LEVEL 1: Conduct which impedes the orderly operation of the classroom or school. These misbehaviors are first handled by an individual classroom teacher and do not require intervention by other school personnel unless they are repeated. Examples of Level 1 behavior may include, but are not necessarily limited to, the following:

• Disrupting a class or study hall

- Classroom tardiness
- Refusal to change behavior when asked
- Teasing others
- Throwing things in class
- Profanity
- Disrespect to peers or adults
- Work refusal
- Tardiness

Possible staff actions: documentation of conduct, may include meeting with the student, loss of privilege, communication with parents, communication with guidance or case manager where applicable, or the development of a behavior plan to support the student in removing obstacles to learning.

Possible administrative actions: none, unless the behavior is repeated after teacher intervention.

Student expectations: The student is expected to understand the problem, identify their behaviors that contribute to it, and, if necessary, meet with a counselor or other school personnel. The student may also meet with the teacher to develop a reentry/improvement plan and should not miss class time while this step is in process. The student may, as appropriate, work with appropriate school staff in a restorative manner to repair and/or restore relationships that have been harmed by their behaviors.

LEVEL 2: These behaviors tend to be actions of serious educational consequences and as such require corrective action on the part of the administration. Examples of Level 2 behaviors include, but are not limited to:

- Cheating/Academic Dishonesty (Formatives)
- Leaving school grounds without permission
- Cutting class or detention
- Excessive classroom disruption
- Truancy/Habitual Tardiness
- Dress Code Violation
- Leaving class without permission
- Being in an unauthorized area

Possible staff actions: phone call to parents, notify administration

Possible administrative actions: communication with parents, communication with guidance or case manager where applicable, meet with student, loss of privilege, detention (1 or 2 days), in-school suspension as appropriate.

Student Expectations: The student is expected to understand the problem, identify their behaviors that contribute to it, and, if necessary, meet with the counselor and other school personnel. The student may meet with a guidance counselor to develop a behavior improvement plan, which would be shared with the principal. The student may, as appropriate, work with appropriate school staff in a restorative manner to repair and/or restore relationships that have been harmed by their behaviors.

LEVEL 3: Behaviors may include, but are not limited to:

- Abusive obscenity (may include language or gestures)
- Bullying/Cyber-bullying
- Cheating/Academic Dishonesty (Summative)
- Fighting/Assault
- Gross disrespect
- Harassment
- Hazing
- Student endangerment
- Theft
- Threatening behavior towards others
- Tobacco possession
- Trespassing
- Vandalism

Possible staff actions: notify administration

Possible administrative actions: communicate with parents, communicate with guidance or case manager where applicable, meet with student, loss of privilege, suspension for 1 – 5 days (in or out of school), refer to Student Concern Team, refer to Keene Youth Services

**Student Expectations:** Administrative interventions will occur when student behavior is serious and detrimental to the student's success and the success of others. During the suspension and with the support of the administration, the student may be expected to make a plan for reentry and to change the behavior. This would include a clear identification of the problem behavior, the student's role, steps to improve the behavior, and a timetable to implement the behavior changes. The counselor or special educator, the administration, and parents may be involved in a reentry plan. The student may also, as appropriate, work with appropriate school staff in a restorative manner to repair and/or restore relationships that have been harmed by their behaviors.

LEVEL 4: A student found to have engaged in behavior at Level 4 or 5 may be subject to immediate removal from school and/or recommended for a long-term suspension and/or expulsion from Hinsdale Middle High School. The police may be notified where appropriate. Behaviors may include, but are not limited to:

- Alcohol or drug use
- Harassment/Hazing/Bullying (second offense or beyond)
- Intimidation
- Obstructing an investigation
- Stalking/gross threatening behavior
- Habitual school offender
- Use or possession of tobacco products including e-cigarettes, vapes, Juuls, etc.
- Causing false alarm

Possible staff action: notify administration

Possible administrative actions: communicate with parents, communicate with guidance or case manager where applicable, meet with student, loss of privilege, suspension for up to 10 days (in or out of school), refer to Student Concern Team, refer to Keene Youth Services, recommendation for long term suspension and/or expulsion.

**Student Expectations:** Administrative interventions are crucial when student behaviors become chronic, serious in nature, and detrimental to the student's success and the success of others. During the suspension period, the student is expected to make a plan for reentry and for a change in behavior. This includes a clear identification of the problem behavior, the student's role, and timeline for improvement. The counselor, special educator, and/or administration will be involved in forming and implementing the plan. The student will also, as appropriate, work with appropriate school staff in a restorative manner to repair and/or restore relationships that have been harmed by their behaviors. The EST will examine additional interventions, if applicable. Upon his/her return to school, the student may be placed on a social contract allowing them to participate in the academic day but restricting participation in non-academic activities. The social contract may also require participation in a counseling-based outside agency to help the student address concerns.

# LEVEL 5: Behaviors may include, but are not limited to:

- Chronic level B, C, and/or D behaviors
- Endangering school personnel
- Endangering school property
- Excessive intimidation
- Excessive obstruction
- Gross student endangerment
- Gross theft/vandalism
- Possession of a weapon
- Sale/distribution of alcohol or drugs
- Arson

- Bomb Threat
- Sexual offenses
- Other illegal conduct

Possible staff actions: Notify administration

Possible administrative actions: Recommendation for long-term suspension and/or expulsion. See relevant policies for more information.

The Level 5 administrative response will occur when the student behavior is extremely serious and the student's continued presence in the school is detrimental to the education of other students. Initially the student will be suspended for 10 days while a recommendation for long-term suspension or expulsion is submitted to the Superintendent. See Hinsdale School District policy for rules pertaining to long-term suspension/expulsion by the principal for possession of a weapon, controlled substance, assault on school property or at school-related events, or when a student is charged with/convicted of a felony.

**Student Expectations:** In order to re-enter the school, the student will develop a reentry plan. This will include a clear identification of the problem behavior, the student's role, and steps to improve. The administrative team and the parents will be involved in the reentry plan. The plan will be submitted to the administrative team for final approval. Parents may be required to provide transportation.

### **Student Use of Cell Phones**

Middle school students are prohibited from using personal electronic communication devices on school grounds and during school activities including classes, lunch period, passing time, and any activity devoted to teaching and learning. The only exception to this rule is when a teacher or supervising employee explicitly authorizes students to use such devices for a specific educational purpose. Middle school students shall keep cell phones and other personal communication devices out of sight, silent, or powered down during the school day and on school sponsored transportation. This includes cell phones, wireless headphones, smart watches, etc. Any school employee may direct any student to place their personal communication device safely in a storage area for later retrieval. Devices may be used in a responsible, ethical, and legal manner on transportation to/from athletic events, field trips, and other co-curricular activities.

High school students are prohibited from using personal electronic communication devices in the classroom and during passing time. The legal, ethical, and non-disruptive use of personal devices will be permitted for high school students before and after school, during study hall, during lunch, and on transportation to/from athletic events, field trips, and other co-curricular activities. The only exception to this rule is when a teacher or supervising employee explicitly authorizes students to use such devices for a specific educational purpose. High school students shall keep cell phones and other personal communication devices out of sight, silent, or powered down during the school day and on school sponsored transportation. This includes cell phones, wireless headphones, smart watches, etc. Any school employee may direct any student to place their personal communication device safely in a storage area for later retrieval.

For all students, the use of personal electronic communication devices for unauthorized photographing, video or audio recording is expressly prohibited anywhere on school premises and school sponsored activities. Distributing photos, audio, or video recordings of individuals is prohibited. The use of personal devices is prohibited in school restrooms, locker rooms, or any area where any individual has a reasonable expectation of privacy.

Any use of personal communication devices that violates any Board policy, administrative procedure, or school rule is strictly prohibited. Such devices may be subject to search if there Is reasonable suspicion that a student is violating Board policy, procedures, or school rules, or otherwise engaging in misconduct. This is a summary of Board policy JICJ – Electronic Communication Devices; see full text online.

Parents/guardians are encouraged to relay necessary messages to their students through the main office. We ask that you do not call or text students during the school day, as this can cause a disruption to the learning environment and places students in a position to violate the cell phone policy. If a parent/guardian needs to contact their child during the day, they should call the main office at (603) 336-5984. If a student needs to make a call during the school day, they may do so in the main office.

#### **Violation**

If a student is found to be using their phone inappropriately, the following procedure will be used (after the teacher reaffirms their classroom expectations with the student and communicates with parent/guardian):

- First Offense: Warning and confiscation of the electronic communication device for the rest of the school day; student must arrange with the supervising employee to retrieve the device.
- Second Offense: The electronic device will be confiscated by an administrator and a disciplinary referral will be written. The student may retrieve the device at the end of the school day and will need to turn the device in to the office at the beginning of each day for five (5) school days.
- Third and Subsequent Offense: The electronic device will be confiscated by an administrator and a disciplinary referral will be written. The student's parent/guardian must pick up the device from the Principal's office no sooner than the end of the school day. The student will turn in the cell phone to the main office for ten (10) school days at the beginning of each day.

### **<u>Dress Expectations</u>** (Paraphrased from HSD Board Policy JICA; see full text online)

- 1. At Hinsdale Middle High School we value individuality, we encourage students to exercise self-respect, we expect members of our community to look beyond appearances, we condemn the idea of shaming and/or objectifying others, and we endeavor to support students in making good choices and being prepared for their day. As school is a professional environment, it is expected that clothing will be neat, clean, modest, and appropriate. To assist in your judgment, be advised that all attire must abide by the following criteria:
- 2. Non-offensive: Phrases that are sexual in nature, or that refer to a person's ethnic, national origin, religious belief, sexual orientation, or disability in a derogatory way are not permitted.

- 3. Modest: Undergarments may not be worn as clothing. Strapless tops are not considered acceptable for school. Pants and shorts should be worn at the waist.
- 4. Professional: Property or attire that advertises drugs, alcohol, tobacco, sex, violence and/or any illegal substance is not acceptable. Attire that exhibits vulgar or offensive language or symbols, including ironic expressions meant to poke fun at serious topics, are not permitted.
- 5. Safety: Anything that compromises the safety of others should not be worn. Bare feet are not allowed in school. Also, students are required to wear protective clothing, eye protection, appropriate athletic gear, and other specialty requirements as deemed appropriate by specific classes.

#### **Violations**

We assume that students will make reasonable, responsible choices with respect to their attire and what is appropriate for school. If found in violation of the dress code, students will be given an opportunity to correct the situation. This may include parents / guardians being contacted to bring alternative clothing to school or for transportation home if necessary. Final determination of acceptable dress will be made by the school administration. Refusal to cooperate may be considered an act of non-compliance as stated in the Student Code of Conduct. If any prohibited items are brought to school, they may be impounded and returned to the parents at their request. Parents are encouraged to help students understand the necessity for such regulations.

Students whose clothing does not meet the school dress code will not be allowed to attend class until the students' clothing is in line with the dress expectations. A student who misses class due to non-compliance with the dress code shall have that absence considered an unexcused class absence and will fall under that provision of the student handbook.

### **Bullying and Cyber-Bullying**

Hinsdale Middle High School recognizes that students should have a safe, orderly, civil, and positive learning environment and that harassment, hazing, bullying, and cyber-bullying have no place and will not be tolerated in school. Full policies for each can be found online (see Policies JICFA, JICK)

- <u>Bullying</u> is defined as a single significant incident, or a pattern of incidents involving written, verbal or electronic communication, or physical act or gesture directed at another student which
  - o Physically harms a pupil or damages the pupil's property
  - o Interferes with a pupil's educational opportunities
  - o Causes emotional distress to a pupil
  - o Creates a hostile educational environment OR

Substantially disrupts the orderly operation of the school

Bullying includes actions motivated by an imbalance of power based on a pupil's actual or perceived personal characteristics, behaviors, or beliefs, or motivated by the pupil's association with another person and based on the other person's characteristics, behaviors, or beliefs. This may include actual or perceived race, color, religion, national origin, ancestry or ethnicity, sexual orientation, socioeconomic status, age, physical, mental, emotional, or learning disability, gender, gender identity and expression, obesity, or other distinguishing personal characteristics, or based on association with any person identified in any of the above categories. Some such conduct may be elevated to be considered a violation of Title VI or Title IX as applicable.

Cyber-bullying is conduct defined as bullying (above) undertaken using electronic devices including telephones, cell phones, computers, pagers, email, instant messaging, text messaging, and websites/social media sites.

Bullying or cyber-bullying is said to occur when an action or communication as defined above:

- o Occurs on, or is delivered to school property or a school sponsored activity or event on or off school property
- Occurs off school property or outside of a school-sponsored activity or event yet the conduct interferes with a pupil's
  educational opportunities or substantially disrupts the orderly operations of the school or school -sponsored activity or
  event.

### **Detention**

Whenever possible, detentions will be served the same day with parents being notified. Students may be issued **teacher detentions**, which will be served with the individual teacher. The date to be served and the length of the detention will be at the teacher's discretion. The teacher should use this time to discuss the issue(s) that led to the detention to prevent a recurrence of the behavior. If a student does not serve a teacher detention, he/she will be assigned an office detention.

Office detentions will be assigned in the afternoon Monday through Friday. Students receive detention notices in school. Detentions run from 2:50 to 3:30PM. Students are expected to be on time and to sit quietly. Students are expected to serve their detention before going to any extra-curricular activity. If a student does not serve an office detention, he/she will be assigned two office detentions on the next available dates. If a student misses either of these, the student may be suspended from classes for one day. The administration requires twenty-four-hour parent notice if a student has a time conflict with a detention for appointments such as doctor or dentist.

Administration detentions will be served in the afternoon, on the last school day of the week from 3:00 to 4:00 PM. Students will receive detention notices in school. Criteria for an administration detention will be automatic on second weekly office referral, skipping a standard office detention, or as determined by administration. Students are expected to be on time, sit quietly, and have work to complete. If no work is available, the administrator will give the student an assignment. Students are expected to serve their detention before going to any extra-curricular activity. If a student does not serve an administration detention, he/she will be assigned to In-School Suspension on the next school day, and extra-curricular activities may be suspended. If a student cannot serve an administration

detention, a minimum of twenty-four-hour notice from parents/guardian is required. At that time, the administration may reschedule it to the following week. Administration may cancel or postpone as needed.

### **In-School Suspension**

In School Suspension is provided as an alternative to out of school suspension. When assigned to ISS, students can work on class assignments, homework and develop a behavior plan. It is recognized that only the administration of Hinsdale Middle High School will place students in ISS and that students may be placed in ISS at any time for actions that warrant it. Parents will be notified as soon as possible when a student is assigned to ISS.

- Students are to bring the following items to ISS and complete all assignments there: all schoolbooks, paper, pencil and either lunch or lunch money. Students who participate in free/reduced lunch program may continue to do so while serving ISS.
- Students may only leave ISS with the supervisor's permission.
- While in ISS, students are not permitted to attend or participate in extracurricular activities. They are to be on school property only during the regularly scheduled school day.
- The ISS supervisor will help students, as necessary.
- All work must be completed according to the teacher's directions.
- Tests may be administered in ISS. The student will receive the same amount of time to complete the test as the students in the class.
- The Principal/Assistant Principal must approve any absence from ISS. The student's parent/legal guardian must call the school between 7:00 and 9:00 am on the day of absence. Any periods not served in ISS due to early dismissal or other absence may be added to the ISS assignment. **The School Resource Officer may also become involved.**

Any student who violates the ISS rules may be suspended out of school.

- Students refusing to serve ISS will have their parents notified and will be sent home from school. Their absence will be considered unexcused.
- Students assigned to ISS may not go outside at lunchtime and will sit at a separate table in the cafeteria.
- Students should bring an outside reading book.
- Students will be assigned additional reading and writing assignments that must be completed to the ISS supervisor's satisfaction.

### **Out of School Suspension**

Students will be suspended out of school for offenses that warrant such action according to the code of conduct. These students may be required by the principal to complete a behavior plan that includes parental participation. Any student suspended from school cannot be on school grounds at any time during the period of suspension, including before and after school. Parents will be notified by phone and in writing when their child is suspended. The principal or designee may suspend a student for up to ten days. It is the student or parents'

responsibility to get the necessary materials. Upon return to school, and before attending classes, the parent(s) and student may meet with the principal and the student's school counselor.

### **Long-Term Suspension**

The Superintendent is authorized to continue the suspension of a student and issue a long-term suspension of a student for a period in excess of ten (10) school days. If the original suspension is issued by the Superintendent, then the School Board may designate another person to continue the short-term suspension and issue a long-term suspension.

A long-term suspension may only be imposed for:

- 1. Theft, destruction or violence as defined in RSA 193-D
- 2. Bullying pursuant to Board policy JICK when the pupil has not responded to targeted interventions **and** poses an ongoing threat to the safety or welfare of another student; or
- 3. Possession of a firearm, BB gun, or paintball gun.

### **Appeals**

Per HSD Board Policy JICD, any long-term suspension (longer than 10 days) can be appealed to the School Board unless said suspension was imposed by the Board. The Superintendent or School Board chair must receive this appeal in writing within 10 days of the issuance of the Superintendent's hearing and written decision.